

Important Lenten Prayers

TRISAGION PRAYERS

In the name of the Father and of the Son and of the Holy Spirit. Amen. Glory to You our God Glory to You.

Heavenly King, Comforter, Spirit of Truth, present in all places and filling all things, Treasury of blessings and Giver of Life, come and abide in us, cleanse us of every stain, and save our souls Gracious Lord.

Holy God, Holy Mighty, Holy Immortal have mercy on us. Holy God, Holy Mighty, Holy Immortal have mercy on us. Holy God, Holy Mighty, Holy Immortal have mercy on us.

Glory to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages. Amen. All Holy Trinity have mercy on us. Lord forgive our sins. Master pardon our iniquities. Holy one visit and heal our infirmities for the glory of Your name.

Lord have mercy. Lord have mercy. Lord have mercy.

Glory to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us and lead us not into temptation but deliver us from evil. For Thine is the Kingdom and the power and the glory, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen.

PSALM 50 (51)—A Psalm of Repentance

Have mercy on me, O God, according to your great mercy, and according to the multitude of your compassions, blot out my offense. Wash me thoroughly from my iniquity and cleanse me from my sin. For I am aware of my iniquity, and my sin is continually before me. Against you only have I sinned and done evil before you, that you might be justified in your words, and emerge victorious when you are judged. For behold, I was conceived in iniquities, and in sins did my mother carry and bear me. For behold, you have loved the truth; you revealed to me the hidden and secret parts of your wisdom. You shall sprinkle me with hyssop and I shall be cleansed; you shall wash me and I will be whiter than snow. You shall make me hear joy and gladness; the afflicted bones shall rejoice. Turn away your face from my sins, and blot out all my iniquities. Create in me a clean heart, O God, and renew a right spirit, in the depths of me. Do not cast me away from your presence, and do not take away your Holy Spirit from me. Restore to me the joy of your salvation, and strengthen me with a guiding spirit. I will teach transgressors your ways, and the ungodly shall return to you. Deliver me from blood-guiltiness, O God, the God of my salvation; and my tongue will joyfully sing your justice. O Lord, you shall open my lips, and my mouth shall declare your praise. For if you desired sacrifice, I would have offered it; you will not be pleased with whole; burnt offerings. Sacrifice to God is a contrite spirit; a contrite and humbled heart God will not despise. Do good, Lord, to Zion in your good pleasure, that the walls of Jerusalem may be built. Then you will be pleased with a sacrifice of justice, offering and whole-burnt sacrifices. Then shall they offer calves upon your altar.

Prayer of Manasseh, King of Judah (from the Great Compline Service)

O Lord, Almighty, the God of our Fathers, of Abraham and Isaac and Jacob and of their righteous seed; who created the heaven and the earth with all their adornment; who bound the sea by the word of your command; who shut up the abyss and sealed it with your awesome and glorious name; whom all things dread and before whose power they tremble, because the majesty of your glory is unbearable and the threat of your anger against the sinners unendurable; yet the mercy of your promise is both, immeasurable and unfathomable, for you are the Lord most high, compassionate, long-suffering and all merciful, and relent on the wickedness of man. You, Lord, in the multitude of your goodness promised repentance and forgiveness to those who have sinned against you, and in your infinite compassion appointed repentance for sinners that they may be saved. Therefore, Lord, the God of the powers, you have not appointed repentance for the righteous, Abraham, Isaac and Jacob, who have not sinned against you, but you appointed repentance for me the sinner, for I have committed more sins than the grains of the sand of the sea. My transgressions have multiplied, Lord; my transgressions have multiplied, and I am not worthy to look up and see the height of the sky from the multitude of my iniquities, being weighted down by many iron chains, so that I cannot raise my head; there is no respite left for me because I provoked your anger and committed evil before you not having done your will and not having kept your commandments. And now I bend the knee of my heart, beseeching your goodness. I have sinned, Lord, I have sinned and I acknowledge my transgressions; but I beg and ask of you: Forgive me, Lord, forgive me and do not destroy me with my transgressions; do not be angry with me forever and keep my evils in me, and do not condemn me to the depths of the earth; for you are God, the God of those who repent, and in me you shall show all your goodness; for even though I am unworthy, you shall save me according to the multitude of your mercy, and I shall praise you without ceasing all the days of my life. For every heavenly power sings your praises, and yours is the glory unto the ages of ages. Amen.

Lenten Prayer of St. Ephraim

O Lord and Master of my life, do not permit the spirit of laziness and meddling, the lust for power and idle talk to come into me. Instead, grant me, your servant, the spirit of prudence, humility, patience and love. Yes, Lord and King, give me the power to see my own faults and not to judge my brother. For you are blessed unto the ages of ages. Amen.

LORD OF THE POWERS—Lenten Hymn

Lord of the Powers, be with us. For in times of distress, we have no other help but You. Lord of the Powers, have mercy on us.