Lenten Covenant for Children
(Older children should fill out the regular form)

Things I promise to do this Lent (Check all that you wish to do):

_____ Pray every day
_____ Say prayers every morning
_____ Say prayers every evening
_____ Say prayers at meals
_____ Come to church each Sunday
_____ Receive Communion each Sunday
_____ Go to confession during Lent
_____ Read a short passage from the Bible each day
_____ Be nicer to my parents
_____ Be nicer to my brother/sister
_____ Try harder in school
_____ Do my chores without being told
_____ Be more helpful at home
_____ Not say any bad words
_____ Share more

PRAYER: Lord help me to be successful in keeping the promises I have made. Help me to grow in my faith and love You more this Lent. Help me to be a nicer person and a better Christian. Amen.

_____________________________________ Sign your name

Make a copy for yourself, place your covenant in a sealed envelope, write your name and address on front of envelope. Bring covenant to church and place it in locked box on the solea in front of the icons.