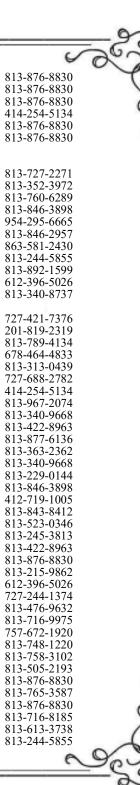
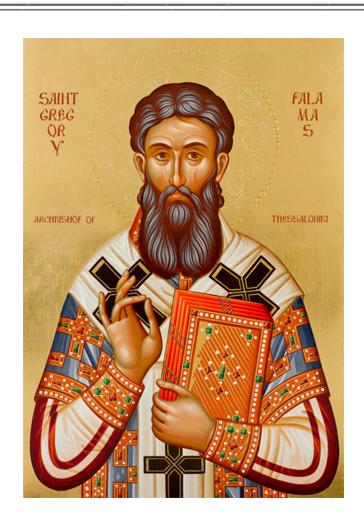
4	ື	
2	200	
٢	Parish Priest: Retired Priest in Residence: Retired Priest in Residence: Pastoral Assistant: Bookkeeper: Administrative Assistant:	Rev. Fr. Stavros Akrotirianakis Rev. Fr. Stratton Dorozenski Rev. Fr. John Stefero Vasili Panagopoulos Debbie Bowe Kim Rojas
	Parish Council: John Zelatis, President Euripides Panos, Vice Preside Marilyn Sandborn, Secretary Gary Ward, Treasurer Jim Armstrong Amin Hanhan Nick Katzaras Suzanne Pileggi Alexis Scarfogliero Marcelle Triantafilou Mike Xenick	ent
	12 Disciples AHEPA: Altar Angels: Bookstore: Choir: College Ministry: Community Outreach: Dance Groups:	Mathew Balasis Thomas Sakaris, President Kalliope Chagaris Pres. Denise Stefero Tara Swartzbaugh, Director Ruth Losovitz, Organist Vasili Panagopoulos Greg Melton H XAPA MAΣ, Alexandra De Maio Maraquet Edquid ΠAPEA, Marina Choundas Genie Carter
	Daughters of Penelope: Finance Committee: Food Pantry GriefShare: GOYA: Hope/Joy: Joy Tweens Men's Fellowship: MOMS: Nursing Ministry: Marcelle Oratorical Festival: Photography Ministry: Philoptochos: Stowandship	Peggy Bradshaw Karina Findlay Melissa Krinos
L	Stewardship: Sunday School: Ushers Veterans/1st Responders Welcoming Ministry: Young Adults Young at Heart: Youth Protection:	Chris Kyrus George Mitseas Vickie Peckham Pete Trakas Fr. John Stefero Maria Xenick Fr. Stavros Akrotirianakis Bill Manikas Dora Morgan Suzanne Pileggi





St. John the Baptist Greek Orthodox Church

March 12, 2023 Fr. Stavros Akrotirianakis (Proistamenos) Fr. Stratton Dorozenski (Retired Priest In Residence) Fr. John Stefero (Retired Priest In Residence)

(Icon of St. Gregory Palamas)

VISION:

Love God, Love your neighbor and spread the Gospel of Jesus Christ as an Orthodox Christian community.

MISSION:

The mission of St. John the Baptist Greek Orthodox Church is to welcome and serve people with love, truth, joy and peace, and to create an environment that encourages all to seek salvation through Orthodox Christianity.

CORE VALUES:

Love, Worship, Community, Learning, Service

SYNAXARION:

Gregory Palamas Archbishop of Thessaloniki; Quadratus the Martyr & his Companions ; Anastasia of Alexandria

Resurrectional Apolytikion (Mode-Plagal 2nd)

soldiers guarding You became as though dead and ton di-non ef-cha-ri-sti-ri-a, a-na-gra-fo si i po-lis sou standing by Your sepulchre was Mary seeking Your The-o-to-ke. Al'os e-chu-sa to kra-tos a-pro-sma-chipure and sacred Body. For You did vanquish Hades ton ek pan-di-on me kin-di-non e-lef-the-ro-son i-na and uncorrupted by its touch, You came unto the virgin kra-zo si: He-re nim-fi a-nim-fef-te. woman bestowing the gift of Life. O You who rose from the dead, Lord, we give glory to You.

Apolytikion of the Feast:

Church, the beauty of the Monks, and invincible protector of the Theologians, O Gregory worker of mira- may cry to you: Rejoice, O Bride unwedded. cles, the pride of Thessalonica, preacher of grace, forever do you intercede, that our souls may be saved.

Apolytikion for St. John:

The memory of the just is observed with hymns of praise; for you O Forerunner the witness of the Lord is sufficient. You have proved to be truly more venerable than the prophets. Since you were granted to baptize in the river, the One Whom they proclaimed. Therefore, you strove for truth, proclaiming with joy the Good News, even to those in Hades: that God was manifested in the flesh, and takes away the sins of the world, and grants to us His great mercy.

Welcome to all of our Visitors "Welcome one another just as Christ has welcomed you, for the glory of God." Romans 15:7 We pray that your worship experience with us today will be inspirational and uplifting. Please introduce yourself to an usher or a member of the Welcoming Ministry and pick-up a "welcome packet" as you exit the church. We are happy that you are with us today!

Holy Communion is offered only to Orthodox Christians who are in good canonical standing with the church and who have prepared through prayer and fasting. Everyone is invited to receive the Antidoron (Blessed Bread) at the end of the Divine Liturgy.

Order for Holy Communion—With Sunday School back in session the order for Holy Communion will be as follows:

- Choir 1.
- Altar boys 2.
- 3. Sunday school teachers (who will line up in middle aisle before Communion)
- Sunday school students (who will line up in the middle aisle before Communion behind the teachers) 4.
- Then the rest of the congregation 5.

Kontakion: When the angelic powers appeared at the tomb and Ti I-per-ma-cho stra-ti-go ta ni-ki-ti-ri-a, os li-tro-thi-sa

Victorious Lady, mighty champion, defending us, we your servants, now inscribe to you this hymn of thanks, for you rescued us from suffering and tribulation. The-Orthodoxy's great star, support and teacher of the otokos, with your power that can never fail, keep us safe from every danger our whole life long. That we

Note on the Liturgy of St. Basil

On the five Sundays of Great Lent, the church celebrates the Divine Liturgy of St. Basil the Great. After the Great Entrance, after page 30, turn to page 63 for the special prayers that are part of he Liturgy of St. Basil. Once we get to page 80, then turn back to page 41 for the rest of service.

Upcoming Services & Events

Sunday March 12	2nd Sunday of Great Lent—St. Orthros 8:30 a.m.	Gregory Palamas Divine Liturgy 9:45 a.m.
Monday March 13	Compline 5:30 p.m. Bible Study 6:30 p.m.	
Wednesday March 15	9th Hour 5:30 p.m. Dinner/discussion (Sponsored by 2	Pre- Sanctified Liturgy 6:00 p.m. AHEPA/Daughters)
Thursday March 16	Adult Greek School Choir Practice	
Friday March 17	9th Hour 9:30 a.m. Salutations to the Virgin Mary- 3r	Pre- Sanctified Liturgy 10:00 a.m. d Stanza 6:30 p.m.
Sunday, March 19	3rd Sunday of Great Lent—Ven Orthros 8:30 a.m. Procession of the Holy Cross at GOYA 5:00 p.m.	Divine Liturgy 9:45 a.m.
Monday, March 20	Compline 5:30 p.m. Bible Study 6:30 p.m.	
Tuesday March 21	Women's Bible Study 10:00 a.m. Philoptochos Board Meeting 10:00	0 a.m Zoom
Wednesday, March 22	Paraklesis 10:00 a.m. 9th Hour 5:30 p.m.	Pre- Sanctified Liturgy 6:00 p.m.

Dinner/discussion (Sponsored by YAH/ Welcome Ministry)

Religious Education at WELCOME TO OUR PARISH St. John If you are new to the Tampa Bay area or just visiting, we would love to get to know you better. Monday Night Women's **Bible Study Bible Study** PLEASE TEXT THE WORD "WELCOME" TO 813-790-5950 Leader: Leader: FOLLOW THE PROMPTS TO GIVE US Fr. Stavros Fr. John YOUR CONTACT INFORMATION AND FROM THERE YOU WILL BE DIRECTED TO OUR ONLINE CONNECTION CARD March 13: March 21: Tuesday at 10:00 Monday at 6:30 DO NOT NEGLECT TO SHOW hospitality TO STRANGERS, FOR THEREBY SOME HAVE ENTERTAINED angels unaware p.m. a.m. Memorial: Denise Bedran (40 days)

MINISTRY NEWS & UPDATES

St. John's Bookstore - For Children Ages 2 thru 9

"Love at Lent" - A beautifully illustrated set of activity cards +3 prayer cards. Choose one each day of Great Lent and Holy Week and complete a task to reinforce the Lenten values of kindness, forgiveness, love, gratitude, and generosity.

Fr. Stavros will be at Holy Cross Seminary from March 16-18. He has been asked to take part in a program there. For any pastoral emergencies, please call Fr. John. - Thank you!

THE MATCH® BE

A simple swab and you can save a life!

The Nursing Ministry has partnered with BE THE MATCH and AHEPA for the opportunity to save lives by a simple swab. With one swab, we can determine if your bone marrow can save a patient's life. Take the first step to being someone's hero. Become a marrow donor today! only takes 10 minutes. You could save a life. We will be providing swab kits on March 26th, in the social hall following the Liturgy.

March is Θαλασσαιμία/Cooley's Anemia Month

Fourth Annual ST JOHN GREEK ORTHODOX CHURCH and AHEPA Tampa Chapter #12 Project

Cooley's Anemia or "Θαλασσαιμία"/Thalassemia, is a rare but fatal genetic blood disorder. It mostly affects people of Mediterranean descent. In its most severe form, it requires bone marrow transplants but usually those who are diagnosed experience symptoms of fatigue, weakness, paleness, and slow growth. Many are unaware they are carriers of the genetic disease until either their child suffers from it or a DNA test result is acquired.

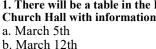
How can you help?

Get tested since it affects people of Mediterranean descent Educate others to be tested and provide support Register to be a prospective bone marrow donor with a swab test or by the St John Nursing Ministry on March 26th .

Match for children in need of bone marrow matches. Since April 2006, AHEPA has added 3,000 donors to the Registry. More than 4,000 patients around the world have searched our database and donors have been asked to & quot; be at the ready & quot; for a donation.

AHEPA has partnered with Team Be The

1. There will be a table in the Kourmoulis Church Hall with information. a. March 5th



b. Tom Georgas (813) 985-0236 or

Georgas@verizon.net

c. March 19th d. March 26th as a prospective donor swab testing 2. Website: https://ahepa.org/programs/publichealth 3. For more Information contact: a. Mike Trimis (813) 784-4872 or MTrimis.AHEPA@gmail.com

Readings for Sunday, March 12

Prokeimenon: O Lord, save your people and bless your inheritance. **Psalm 27.9,1**

The reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

The reading is from the Holy Gospel according to Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the word to them. And they came, bringing to Him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this Man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in His spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-He said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Liturgical Notes

Sunday, March 12 – Second Sunday of Lent - St. Gregory Palamas

On the 2nd Sunday of Great Lent, which is called the "Sunday of St. Gregory Palamas," we commemorate the memory of St. Gregory Palamas, Archbishop of Salonica. He dedicated his life to Christ, even though he was raised in the royal palace of Constantinople. He withdrew to Mount Athos, where he lived an exemplary life of asceticism and scholarship. He defended the Faith against Garaam the Calabrian (who was against monasticism). He taught that divine grace is not created, but the uncreated energies of God are poured out through creation; otherwise, humanity could never have authentic communication with God. He was appointed Archbishop in 1349 and served with distinc-tion; he died at the age of 63 and his relics rest in Salonica.

Divine Liturgy to begin at 9:45 a.m. on the Sundays of Great Lent

Since the Divine Liturgy of St. Basil the Great is offered on each Sunday of Lent, and this Divine Liturgy is slightly longer than the Divine Liturgy of St. John Chrysostom, the Divine Liturgy will begin at 9:45 a.m. from March 5-April 9. The Choir will begin the Doxology at 9:35 a.m.

Mondays of Lent - Great Compline

The service of the Great Compline will be read on the following Mondays of Lent—March 14, March 21 (4:30 p.m.), March 28, April 4 and April 11. This service lasts about an hour and consists of Psalms and hymns of repentance. Service Books for this service will be available.

Wednesdays of Lent – 9th Hour and Pre-Sanctified Liturgy

The Divine Liturgy of the Pre-Sanctified Gifts (also called Pre-Sanctified Liturgy) will be held on the Wednesdays during Great Lent. This service consists of Vespers with Holy Communion that was "Pre-Sanctified" the previous Sunday. It is an opportunity to receive Holy Communion frequently during the season of fasting. The Pre-Sanctified Liturgy is preceded by the reading of the 9th Hour, a short service with penitential prayers as well as the recitation of the Creed, a pre-requisite for the reception of Holy Communion. Service books for this service will be available. The Pre-Sanctified Liturgy will be celebrated on the following Wednesdays of Great Lent: Wednesday, March 1; Wednes-day, March 8; Wednes-day, March 15; Wednesday, March 22; Wednesday, March 29; and Wednesday, April 5. Each ministry is encouraged to attend one Pre-Sanctified Liturgy as follows: Wednesday March 1 Sunday School

Wednesday, March 1 Sunday School Wednesday, March 8 Choir Wednesday, March 15 AHEPA/Daughters Wednesday, March 22 Young at Heart/Welcome Ministry Wednesday, March 29 Philoptochos Wednesday, April 5 Bible Study/Young Adults

Fridays of Lent - 9th Hour and Pre-Sanctified Liturgy

The Pre-Sanctified Liturgy has Traditionally been celebrated on Wednesdays AND Fridays of Great Lent. The 9th Hour will begin at 9:30 a.m., with the Pre-Sanctified Liturgy from 10:00-11:15 a.m. The Pre-Sanctified Liturgy will be held on the Fridays of Lent as follows: Friday, March 3; Friday, March 10; Friday, March 17; Friday, March 24; Friday, March 31; and Friday, April 7.

Prayer List: Lord Jesus Christ, Physician of our Souls and Bodies, visit and heal your servants: Gerorge Voulgarus; Helen & Mike Mitchell; Marcelle T., Carlos R.,Elena, Ricky& Michael Gordenina, Tina Chakonas, Felix R., Ivco; ; George Joseph; Anna, Stavroula, George, Pam, and Liz; Christopher Labatos; Sylvia Michos; Eva Coppalla; Christopher; Christopher; Peter Nenos; Tony Ekonomou; Patrick Carroll; Ourania Tziotis, Irina, Marina, Yuri, and Christophoros; Ashley Snyder; Evangelos & Caroline Critkas; Christine Alex, June, Lillian Thomas; Scotty; Desi Serriera; Ashley Kladakis; Dora Kallas, Kathy & Andrew Bouzinekis; Anastasia; Virginia Georgiou, Toula Tsaros, Nellie Pringle, Yolanda Webb, Angela Bougas, Ron, Jason Vickers, Rex Garrison, Ann Demas, Christina Noel Kouzes Houck, Evangeline Xeroteres, Ashley Henderson, Natalie Henderson, Chris, Debbie, James, Avery, Lily, Jacob, Jesse, Ann, Rosario, Alissa, John, Angela, Joey, Christine Scourtes, Steven, Phyllis, John Zelatis, Reagan, Peter Zaharis, Alexandra Ferrarolis, Leon & Despina Botham, Cindy Xenick, Mary Ellen Evdemon, Marie Sofia Panagopoulos, Maria Hursey, Chris Vamvakias, John Myer, Mike Trimis, Alice Stoccardo, Michael Romero, George Hambos, Dean Kondilis and Family, Bill and Nancy Manikas, Patricia Costello, Ekaterina & Anna S. Dora K., Debbie P., Mary V., David V., Don Payne, Vasili, Moriah, Andoni, and all victims of war, terrorism, crime, natural disaster, and all of whom we are unaware.

Altar Boy Schedule Captains March 12 March 19 John Palios Teddy Kafentaris Christos Nenos Genaro Scarfogliero Andrew Thatcher **Constantine Ameres** Nicholas Akrotirianakis Kris Christopher Zachary George Nicholas Carter Vasilios Panos Alex Findlay James Magos Jonah Blankenbaker Demetri Passalaris Gianni Matassini George Xenick Nathan Moran Nicholas Magos Michael Meadows PJ Zelatis SUNDAY SCHOOL NEWS & UPDATE March 12th March 19 Topic: Topic: Being a Good Friend The Veneration of the Holy Cross The Paralytic Third Sunday of Great Lent Second Sunday of Lent If you do not receive our weekly Sunday School Constant Contact every Friday afternoon, please e-mail Vickie Peckham to let her know. Her e-mail address is vickiepeckham@gmail.com Fifty-Two Verses in Fifty-Two Weeks: The Bible Project March 12-18

And when they could not get near Him because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. Mark 2:4

This miracle of the healing of the Paralytic is read on the second Sunday of Great Lent. The miracle is preceded by the paralyzed man being bought by four friends. Many times, we have focused on the importance of friendships. This verse focuses on the creativity of those friends to get to Jesus. Imagine first the thought of going on the roof to get to Jesus. Imagine the teamwork to hoist a paralyzed man up the walls of the house without him falling or getting injured. Imagine the risk in cut-ting a hole in the roof of a house that didn't belong to them, because they were so desperately motivated to get their friend to Jesus. Being a Christian today is greatly aided by teamwork. When we have friends around to help us and encourage us, it makes being a Christian not only easier but more comforting, knowing that we are not making the journey alone. We also have to be a little bold in our expression of Christianity. We might not cut literal holes in the roof of a house, but we need to cut some holes in the fabric of society that is becoming increasingly anti-Christian, and perhaps for good reason, perhaps because the Christians aren't acting like Christianity in the face of constant temptation to abandon them.

The Philoptochos Society of St. John the Baptist Greek Orthodox Church is sponsoring a Women's Retreat



Behold, I am the Handmaiden of the Lord: Letting life be according to His Word Fr. Stavros N. Akrotirianakis - Retreat Leader

Saturday, March 25 - Feast of the Annunciation 10:00 a.m. - 4:00 p.m.

All women are welcome, Orthodox or not

Starting with Divine Liturgy, followed by lunch, presentations and group discussions

Donations Accepted

ST. JOHN THE BAPTIST GREEK ORTHODOX CHURCH

2418 W. Swann Ave. Tampa, FL 33609

Kindly RSVP by March 22 to office@stjohntpa.org



MAKING TIME FOR WHAT MATTERS MOST A SIX-WEEK LENTEN STUDY Join us Wednesday evenings during Great Lent

March 1 First Things First: Worship

March 8 First Things First: Community

March 15 First Things First:

March 22 First Things First: Carring Dinner Sponsored by the Young at Heart and Welcome Ministry

March 29 First Things First: Service

April 5 First Things First: Privarities, Dinner Sponsored by the Young Adults and Bible Studies

EACH WEDNESDAY EVENING SCHEDULE:

6:00 pm Pre-Sanctified Liturgy
7:15 pm Lenten Dinner provided by one of our ministries
7:45 pm Presentation by Father Stavros
8:05 pm Small group discussion
8:30 pm Concluding remarks and closing prayer



GREAT LENT 2023 St. John the Baptist Greek Orthodox Church Tampa, FL

Donations Needed for Great Lent and Holy Week

Great Lent begins February 27. We have many special celebrations during these weeks. We know that many of you would like to contribute to the decorating of our church and icons during this period. For your convenience, below is a list of items needed for the celebration of the Sacred Services of Lent and Holy Week. Please contact the church office to reserve your desired offering for the health of your loved ones or in memory of a deceased loved one.

Payment may be sent to the church office. Checks should be made payable to "St. John the Baptist Greek Orthodox Church" with	
"Lenten Flower Donation" on the memo line. Online donations are also accepted, be sure to specify.	

		• • •	
Lent	Wireless Microphones in the Church	Duracell or Energizer AA Batteries	Many
March 3	Salutations to the Virgin Mary - 1st Stanza	Flowers for Icon of Panagia	\$125
March 10	Salutations to the Virgin Mary - 2nd Stanza	Flowers for Icon of Panagia	\$125
March 17	Salutations to the Virgin Mary - 3rd Stanza	Flowers for Icon of Panagia	\$125
March 19	Veneration of the Holy Cross	Flowers for Tray for Procession	\$500
March 24	Salutations to the Virgin Mary - 4th Stanza	Flowers for Icon of Panagia	\$125
March 31	Akathist Hymn	Flowers for Icon of Panagia	\$125
April 9	Palm Sunday	Flowers for Icon of Palm Sunday	\$125
		Palms Strips & Branches	\$300 tota1
Holy Week		Pillar Candles for Windows (20)	\$20 each
April 9	Palm Sunday	Flowers for Icon of Bridegroom in Narthex	\$125
	Bridegroom Service	Flowers for Icon of Bridegroom on Solea (2)	\$125 each
April 12	Holy Wednesday	Flowers for Icon of Last Supper	\$125
	Holy Unction	Olive Oil, Flour, Prosphora (2)	See Fr. Stavros
April 13	Holy Thursday	Flowers for Icon of Crucifixion	\$125
		Wreaths for Bottom of Cross (2)	\$200 each
		Wreath for Top of Cross	\$300
		Scattered flowers at base of cross	\$75
		Candles for Top of Cross (3)	\$20 each
April 14	Good Friday	16 Bags of Rose Petals for Myrrh-bearers	\$125
		Flowers for Epitaphios	Several
		Candles for Top of Cross (3)-Apokathelosis	\$20 each
		Candles for Top of Cross (3)-Lamentations	\$20 each
		Icon of Extreme Humility	\$125
April 16	Pascha	Flowers for Icon of Resurrection	\$125
		Flowers for Icon of Empty Tomb	\$125
		Silk Flower for Royal Doors	\$125
		Easter Lilies	\$30per Lily

		Family Cal	Family Calendar for Great Lent 2023	reat Lent 2()23	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 26 Matthew 6:21 Sunday of Forgiveness Divine Liturgy Forgiveness Vespers	27 Psalm 95:6 Clean Monday Great Lent begins Canon of St. Andrew	28 1 Chronicles 16:29	March 1 Romans 12:1 Pre-Sanctified Liturgy	2 Hebrews 12:28	3 Psalm 63:3-4 Pre-Sanctified Liturgy Salutations to the Virgin Mary	4 Psalm 150:6 Saturday of the Souls St. Theodore Divine Liturgy
Ask forgiveness of your family members	Holy Unction Service No screens today WORSHIP	Call your Godparents to wish them a Blessed Lent	Pray for your priest	Silently pray about how much God loves you	Make a prosforo bread to offer at church	Pray for a loved one who has passed away
5 John 1:44-45 Sunday of Orthodoxy Divine Liturev	6 Psalm 133.1 Great Compline	7 Romans 12:4-5	8 Proverbs 27:17 Pre-Sanctified Liturgy	9 Galatians 6:2	10 Matthew 18:20 Pre-Sanctified Liturgy Salutations to the	11 Hebreros 10:24-25
Bring an icon from home to have it blessed	Donate clothing to a charity COMMUNITY	Secretly put a plant on a neighbor's porch	Pray for sick children	Send a card to a friend who lives in another state	Virgin Mary Make a list of free things you are thankful for	Forgive someone who hurt you
12 Mark 2:3-5 St Greener Palamas	13 John 13:34 Great Compline	14 John 3:16	15 Luke 10:27 Paraklasis	16 1 Peter 4:8	17 1 John 4:18-19 Pro-Sanctified I iturary	18 1 Corinthians 13:4-7
Divine Liturgy	Make and send a get-well		Pre-Sanctified Liturgy	Do an intentional act of	Salutations to the Virgin Mary	
Give your Sunday School teacher a handmade card	card to someone who is sick LOVE	Draw a picture of the Cross with the word "love" on it	Pray for world leaders	kindness for someone at school	Smile at everyone you walk by today	Make a donation to a charity you love
19 Mark 8:34	20 Philippians 4:9	21 Isaiah 1:17	22 Psalm 119:73	23 Titus 3:14	24 2 Peter 3:18	25 Luke 1:35
Veneration of Holy Cross Divine Liturgy	Great Compline		Pre-Sanctified Liturgy		Pre-Sanctified Liturgy Salutations to the	Annunciation to the Virgin Mary
Bring a flower home from the	Learn the words to a new prayer	Read about the life of your		Choose a Bible verse and put	Virgin Mary Read a favorite Bible story	Divine Liturgy Thank God for something in
Cr0SS	LEARNING	patron saint	Pray your teachers	it on your r	with your family	nature He created
26 Mark 9:23-24	27 Ephesians 2:10	28 2 Corinthians 9:11-12	29 3 John 1:16	30 Matthew 5:16	31 Psalm 100:2	April 1 1 Peter 4:10
St. John of the Ladder Divine Liturgy	Great Compline		Fre-Sanctified Liturgy		Fre-Sanctified Liturgy Akathist Hymn	
Draw a ladder and put a Lenten vool on each stev	clean your room without being asked SERVICE	Do a chore in vour vard	Prav for first resnonders	Find a charity where your family can volunteer	Visit someone who lives alone	Make and serve someone a Lenten meal todau
2 Mark 10:45	3 Matthew 6:33	4 Colossians 3:17	5 Proverbs 3:5-6	6 Philippians 2:4	7 Proverbs 3:9-10	8 John 11:27
St. Mary of Egypt Divine I iturov	Great Compline	Write the names of your	Pre-Sanctified Liturgy		Pre-Sanctified Liturgy	Saturday of Lazarus Service of Proskomide
Sing "Agios o Theos" in	Make a plan for the Holy Week services you will attend	family members to give the priest to pray over during			Tell your family members	Divine Liturgy Watch a faith based movie or
Clurch tod	PRIORITY	Holy W	Pray for people who feel alone	Memorize a short bible verse	what you love i	show with your family
Palm Sunday	10 Matthew 23:14-13 Holy Monday Pre-Sanctified I itirov	Holy Tuesday Pre-Sanctified I iturgy	12 Poly Wednesday Pre-Sanctified Liturgy	L3 Jonn 13:12-13 Holy Thursday Titurov of St Basil	14 Josmua 24:13 Holy Friday Roval Hours	15 Acres 2:22-24 Holy Saturday Titurov of St. Basil
Vespers Vespers Service of the Bridegroom Replace your old palm cross	Service of the Bridegroom Read the story about Joseph from the Old Testament	Service of the Bridegroom Read the story of Kassiane the hymnographer	Holy Unction Service of the Bridegroom Holy Unction	12 Gospels service Color eggs red for Pascha	Unnailing from the Cross Lamentations Pray about Jesus on the cross	Resurrection Service Come see the leaves scattered at the morning liturgy
16 Psalm 51:10	17 2 Corinthians 4:16	18 Ephesians 4:23	19 Isaiah 41:1	20 Romans 12:2	21 Colossians 3:10	22 Isaiah 40:31
Agape Vespers		Conde taxie oud areas addite			Divine Liturgy	
Christ is Risen! Truly He is Risen!	Joyfully sing Christ is risen!	Saying "Christ is risen!" Truly He is risen!"	Find a picture with the verse John 3:16 and print it out	Play with someone who feels left out	Say a prayer for the gift of clean water	Make resurrection rolls