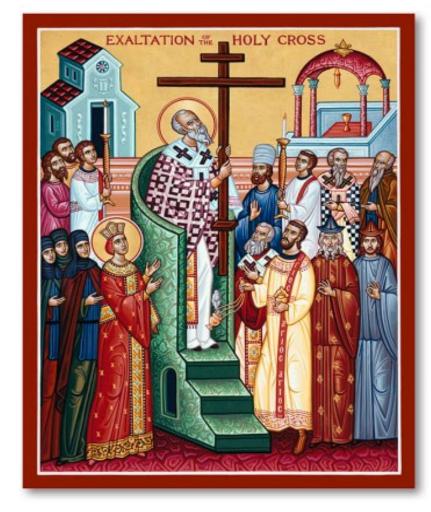
6				C.D
7	96		500	Y.
+	Parish Priest:	Rev. Fr. Stavros Akrotirianakis	813-876-8830	(C)
1	Retired Priest in Residence:	Rev. Fr. Stratton Dorozenski	813-876-8830	10
	Retired Priest in Residence:	Rev. Fr. John Stefero	813-876-8830	4
	Pastoral Assistant:	Vasili Panagopoulos	414-254-5134	9)
	Bookkeeper:	Debbie Bowe	813-876-8830	/
	Administrative Assistant:	Kim Rojas	813-876-8830	0
	Parish Council:			
	John Zelatis, President		813-727-2271	
	Euripides Panos, Vice Preside	ent	813-352-3972	
	Marilyn Sandborn, Secretary		813-760-6289	
	Gary Ward, Treasurer		813-846-3898	
	Jim Armstrong		954-295-6665	
	Amin Hanhan		813-846-2957	
	Nick Katzaras		863-581-2430	
	Suzanne Pileggi Alexis Scarfogliero		813-244-5855 813-892-1599	
	Marcelle Triantafilou		612-396-5026	
	Mike Xenick		813-340-8737	
	Wike Hellick		013 3 10 0737	
	12 Disciples	Mathew Balasis	727-421-7376	
	AHEPA:	Thomas Sakaris, President	201-819-2319	
	Altar Angels:	Kalliope Chagaris	813-789-4134	
	Bookstore:	Pres. Denise Stefero	678-464-4833	
	Choir:	Tara Swartzbaugh, Director	813-313-0439 727-688-2782	
	College Ministry:	Ruth Losovitz, Organist Vasili Panagopoulos	414-254-5134	
	Community Outreach:	Greg Melton	813-967-2074	
	Dance Groups:	H XAPA MAΣ, Alexandra De Maio	813-340-9668	
	zance Groups.	Maraquet Edquid	813-422-8963	
		ПАРЕA, Marina Choundas	813-877-6136	
		Genie Carter	813-363-2362	
		ПАNHГҮРІ, Alexandra De Maio	813-340-9668	
	Daughters of Penelope:	Elena Ketchum	813-229-0144	
	Finance Committee:	Gary Ward	813-846-3898	
	Food Pantry GriefShare:	Sheila Vukmer Donna Hambos	412-719-1005 813-843-8412	
	GOYA:	Michael & Bessie Palios	813-523-0346	
	Hope/Joy:	George & Zackie Ameres	813-245-3813	
	Joy Tweens	Maraquet Edquid	813-422-8963	
	Men's Fellowship:	Fr. Stavros Akrotirianakis	813-876-8830	
	MOMS:	Mary Ann Konstas	813-215-9862	
	Nursing Ministry: Marcelle		612-396-5026	
	Oratorical Festival:	Peggy Bradshaw	727-244-1374	
	Photography Ministry:	Karina Findlay	813-476-9632	
	Philoptochos:	Melissa Krinos	813-716-9975	
	Stewardship:	Chris Kyrus	757-672-1920	
	Sunday School:	George Mitseas Vickie Peckham	813-748-1220 813-758-3102	
	Ushers	Pete Trakas	813-505-2193	
	Veterans/1st Responders	Fr. John Stefero	813-876-8830	0
	Welcoming Ministry:	Maria Xenick	813-765-3587	1
	Young Adults	Fr. Stavros Akrotirianakis	813-876-8830	0)
	Young at Heart:	Bill Manikas	813-716-8185	4
	_	Dora Morgan	813-613-3738	6
1	Youth Protection:	Suzanne Pileggi	813-244-5855	.)
,	200		2900	9



St. John the Baptist Greek Orthodox Church

March 19, 2023

Fr. Stavros Akrotirianakis (Proistamenos)
Fr. Stratton Dorozenski (Retired Priest In Residence)
Fr. John Stefero (Retired Priest In Residence)

(Icon of Veneration of the Holy Cross)

VISION:

Love God, Love your neighbor and spread the Gospel of Jesus Christ as an Orthodox Christian community.

MISSION:

The mission of St. John the Baptist Greek Orthodox Church is to welcome and serve people with love, truth, joy and peace, and to create an environment that encourages all to seek salvation through Orthodox Christianity.

CORE VALUES:

Love, Worship, Community, Learning, Service

SYNAXARION:

Sunday of the Holy Cross; The Holy Martyrs Chrysanthus and Daria; Demetrios the New Martyr

Resurrectional Apolytikion (Grave Mode)

Lord by Your sacred cross You abolished death, and Ti I-per-ma-cho stra-ti-go ta ni-ki-ti-ri-a, os li-tro-thi-sa You are risen from the dead, O Christ our God, be- kra-zo si: He-re nim-fi a-nim-fef-te. stowing Your mercy upon the world evermore.

Apolytikion of the Feast:

Your Cross protecting Your commonwealth.

Apolytikion for St. John:

The memory of the just is observed with hymns of Trisagion Hymn: See page 150 praise; for you O Forerunner the witness of the Lord is sufficient. You have proved to be truly more venerable Note on the Liturgy of St. Basil than the prophets. Since you were granted to baptize in On the five Sundays of Great Lent, the church celebrates grants to us His great mercy.

Kontakion:

granted to the thief blessed paradise. The myrrh- ton di-non ef-cha-ri-sti-ri-a, a-na-gra-fo si i po-lis sou bearers ceased lamenting and turned to joy; the apos- The-o-to-ke. Al'os e-chu-sa to kra-tos a-pro-sma-chitles did preach the good news at Your command that ton ek pan-di-on me kin-di-non e-lef-the-ro-son i-na

Victorious Lady, mighty champion, defending us, we your servants, now inscribe to you this hymn of thanks, Save, O Lord, Your people and bless Your inheritance, for you rescued us from suffering and tribulation. Thegranting victory to the faithful over the enemy, and by otokos, with your power that can never fail, keep us safe from every danger our whole life long. That we may cry to you: Rejoice, O Bride unwedded.

the river, the One Whom they proclaimed. Therefore, the Divine Liturgy of St. Basil the Great. After the Great you strove for truth, proclaiming with joy the Good Entrance, after page 30, turn to page 63 for the special News, even to those in Hades: that God was manifested prayers that are part of the Liturgy of St. Basil. Once we in the flesh, and takes away the sins of the world, and get to page 80, then turn back to page 41 for the rest of service

Communion Hymn: (Psalm 4:6):

Let the Light of Your face shine on us, O Lord. Alleluia.

At the end of Liturgy, we will offer the procession of the Holy Cross. The text is on page 152

Welcome to all of our Visitors "Welcome one another just as Christ has welcomed you, for the glory of God." Romans 15:7 We pray that your worship experience with us today will be inspirational and uplifting. Please introduce yourself to an usher or a member of the Welcoming Ministry and pick-up a "welcome packet" as you exit the church. We are happy that you are with us today!

Holy Communion is offered only to Orthodox Christians who are in good canonical standing with the church and who have prepared through prayer and fasting. Everyone is invited to receive the Antidoron (Blessed Bread) at the end of the Divine Liturgy.

Order for Holy Communion—With Sunday School back in session the order for Holy Communion will be as follows:

- Choir
- Altar boys
- Sunday school teachers (who will line up in middle aisle before Communion)
- Sunday school students (who will line up in the middle aisle before Communion behind the teachers)
- Then the rest of the congregation

Upcoming Services & Events

Sunday, March 19 3rd Sunday of Great Lent—Veneration of the Holy Cross Orthros 8:30 a.m. Divine Liturgy 9:45 a.m. Procession of the Holy Cross at the end of the Divine Liturgy GOYA 5:00 p.m.

Monday, March 20 Great Compline 5:30 p.m. Bible Study 6:30 p.m.

Tuesday March 21 Women's Bible Study 10:00 a.m.

Philoptochos Board Meeting 10:00 a.m.- Zoom

Wednesday, March 22 Paraklesis 10:00 a.m.

9th Hour 5:30 p.m. Pre- Sanctified Liturgy 6:00 p.m.

Dinner/discussion (Sponsored by YAH/ Welcome Ministry)

Thursday March 23 Adult Greek School NO Choir Practice

Friday March 24 9th Hour 9:30 a.m. Pre-Sanctified Liturgy 10:00 a.m.

Great Vespers/4th Stanza of Salutations 6:30 p.m.

Saturday March 25 **Annunciation of the Virgin Mary**

Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.

Women's Retreat 10:00 a.m. -4:00 p.m.

4th Sunday of Great Lent—St. John of the Ladder **Sunday March 26**

Orthros 8:30 a.m. Divine Liturgy 9:45 a.m.

Greek Independence Day Program after church

Men's Group 5:00 p.m.

WELCOME TO OUR PARISH

If you are new to the Tampa Bay area or just visiting, we would love to get to know you better.

PLEASE TEXT THE WORD "WELCOME" TO 813-790-5950

FOLLOW THE PROMPTS TO GIVE US YOUR CONTACT INFORMATION AND FROM THERE YOU WILL BE DIRECTED TO OUR ONLINE CONNECTION CARD

DO NOT NEGLECT TO SHOW Rospitality TO STRANGERS. FOR THEREBY SOME HAVE ENTERTAINED angels unawares.

Religious Education at St. John

Monday Night Bible Study	Women's Bible Study
Leader:	Leader:
Fr. John	Fr. Stavros
March 20:	March 21:
Monday at 6:30	Tuesday at 10:

a.m.

p.m.

MINISTRY NEWS & UPDATES

St. John's Bookstore - Paschal Items Next Sunday!

Beginning next Sunday and throughout the remainder of Great Lent and Holy Week, our bookstore will feature a table with items for Pascha. Icons of the special events of Holy Week and the Resurrection will be available along with greeting cards in Greek or English, decorative eggs and boxes, red egg dye imported from Greece, and Holy Week service books and children's books. Shop early for the best selection.

GOYA- TODAY

The GOYA Meeting for March will be Sunday, March 19 from 5:00-7:30 p.m. in the Kourmolis Center. Dinner, as always, will be provided.



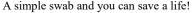
Fr. Stavros will be a guest on "Live with the Louhs" on Tuesday, March 21. Fr. Stavros will be on a podcast/call in show called "Live with the Louhs" on Tuesday, March 21 at 8:00 p.m. This show is hosted by Fr. Nicholas and Presbytera Roxanne Louh from the St. John the Divine Greek Orthodox Church in Jacksonville, FL. Fr. Nicholas and Pres. Roxanne will be interviewing Fr. Stavros about his book "The Heart of Encouragement."

Men's Group-

Our men's group will meet on Sunday March 26, from 5:00-7:30 p.m. in the Kourmolis Center. Any men of our community are welcome to join us for dinner, discussion. Please bring \$20—we will order in for dinner. Please mark down our dates for men's group for this academic year—Sunday, March 26; Sunday, April 30 and Sunday, May 21

Greek Independence Day Program-

We will mark Greek Independence Day with a luncheon and short program on Sunday, March 26.





The <u>Nursing Ministry</u> has partnered with BE THE MATCH and **AHEPA** for the opportunity to save lives by a simple swab. With one swab, we can determine if your bone marrow can save a patient's life. Take the first step to being someone's hero. Become a marrow donor today! only takes 10 minutes. You could save a life. We will be providing swab kits on March 26th, in the social hall following the Liturgy.

March is Θαλασσαιμία/Cooley's Anemia Month

Fourth Annual ST JOHN GREEK ORTHODOX CHURCH and AHEPA Tampa Chapter #12 Project

Cooley's Anemia or "Θαλασσαιμία"/Thalassemia, is a rare but fatal genetic blood disorder. It mostly

affects people of Mediterranean descent. In its most severe form, it requires bone marrow transplants but

usually those who are diagnosed experience symptoms of fatigue, weakness, paleness, and slow growth.

Many are unaware they are carriers of the genetic disease until either their child suffers from it or a DNA test

result is acquired.

How can you help?

- ☐ Get tested since it affects people of Mediterranean descent☐ Educate others to be tested and provide support
- ☐ Register to be a prospective bone marrow donor with a swab test or by the St John Nursing Ministry on March 26th .

AHEPA has partnered with Team Be The Match for children in need of bone marrow matches. Since April 2006, AHEPA has added 3,000 donors to the Registry.

More than 4,000 patients around the world have searched our database and donors have been asked to & quot; be at the ready & quot; for a donation.

1. There will be a table in the Kourmoulis Church Hall with information.

- a. March 5th
- b. March 12th
- c. March 19th
- d. March 26th as a prospective donor swab testing
- 2. Website: https://ahepa.org/programs/publichealth
- 3. For more Information contact:
- a. Mike Trimis (813) 784-4872 or MTrimis.AHEPA@gmail.com
- b. Tom Georgas (813) 985-0236 or

Georgas@verizon.net

Readings for Sunday, March 12

Prokeimenon: O Lord, save your people and bless your inheritance. Psalm 27.9,1

The reading is from St. Paul's Letter to the Hebrews 4:14-16; 5:1-6

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

The reading is from the Holy Gospel according to Mark 8:34-38; 9:1

The Lord said: "If anyone wishes to come after Me, let him deny Himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."



Liturgical Notes

Sunday, March 19 – Third Sunday of Lent - Veneration of the Holy Cross

On the 3rd Sunday of Great Lent we celebrate the Veneration of the Cross; the Cross helps us to prepare for the Crucifixion of our Lord and Savior Jesus Christ. We are not just witnessing from afar the passions of our Lord, but we participate in them. In the Synaxarion we read, "Through the forty-day fast, we too are in a way crucified, dying to the passions." Our efforts to keep up with the Fast, through prayer, fasting and almsgiving, might take a toll over our bodies; we need help and encouragement, and the help and encouragement comes from the power of the Cross. In the middle of Great Lent, the Church gives its faithful a sign of victory, one that can bring strength to them in this time of fasting. The Sunday of the Holy Cross is one that brings everything into perspective, especially with the Gospel reading (Mark 8:34-9:1), the Lord saying to all His disciples: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life?" A special procession of the Holy Cross, on a tray covered with flowers, will be held at the end of the Divine Liturgy.

Divine Liturgy to begin at 9:45 a.m. on the Sundays of Great Lent

Since the Divine Liturgy of St. Basil the Great is offered on each Sunday of Lent, and this Divine Liturgy is slightly longer than the Divine Liturgy of St. John Chrysostom, the Divine Liturgy will begin at 9:45 a.m. from March 5-April 9. The Choir will begin the Doxology at 9:35 a.m.

Mondays of Lent - Great Compline

The service of the Great Compline will be read on the following Mondays of Lent—March 14, March 21 (4:30 p.m.), March 28, April 4 and April 11. This service lasts about an hour and consists of Psalms and hymns of repentance. Service Books for this service will be available.

Wednesday, March 22 – Paraklesis Service of Supplication to the Virgin Mary

We will continue to offer Paraklesis once a month, so that we can pray for all the members of our community by name, out loud. We will alternate some in the evening and some in the morning. For March, the Paraklesis will be offered on Wednesday morning, March 22, from 10:00-11:00 a.m.

Wednesdays of Lent – 9th Hour and Pre-Sanctified Liturgy

The Divine Liturgy of the Pre-Sanctified Gifts (also called Pre-Sanctified Liturgy) will be held on the Wednesdays during Great Lent. This service consists of Vespers with Holy Communion that was "Pre-Sanctified" the previous Sunday. It is an opportunity to receive Holy Communion frequently during the season of fasting. The Pre-Sanctified Liturgy is preceded by the reading of the 9th Hour, a short service with penitential prayers as well as the recitation of the Creed, a pre-requisite for the reception of Holy Communion. Service books for this service will be available. The Pre-Sanctified Liturgy will be celebrated on the following Wednesdays of Great Lent: Wednesday, March 1; Wednes-day, March 8; Wednesday, March 15; Wednesday, March 22; Wednesday, March 29; and Wednesday, April 5. Each ministry is encouraged to attend one Pre-Sanctified Liturgy as follows:

Wednesday, March 22 Young at Heart/Welcome Ministry

Wednesday, March 29 Philoptochos

Wednesday, April 5 Bible Study/Young Adults

Fridays of Lent - 9th Hour and Pre-Sanctified Liturgy

The Pre-Sanctified Liturgy has Traditionally been celebrated on Wednesdays AND Fridays of Great Lent. The 9th Hour will begin at 9:30 a.m., with the Pre-Sanctified Liturgy from 10:00-11:15 a.m. The Pre-Sanctified Liturgy will be held on the Fridays of Lent as follows: Friday, March 3; Friday, March 10; Friday, March 17; Friday, March 24; Friday, March 31; and Friday, April 7.

Prayer List: Lord Jesus Christ, Physician of our Souls and Bodies, visit and heal your servants: Gerorge Voulgarus; Helen & Mike Mitchell; Marcelle T., Joanna R., Carlos R., Elena, Ricky& Michael Gordenina, Tina Chakonas, Felix R., Ivco; ; George Joseph; Anna, Stavroula, George, Pam, and Liz; Christopher Labatos; Sylvia Michos; Eva Coppalla; Christopher; Christopher; Peter Nenos; Tony Ekonomou; Patrick Carroll; Ourania Tziotis, Irina, Marina, Yuri, and Christophoros; Ashley Snyder; Evangelos & Caroline Critkas; Christine Alex, June, Lillian Thomas; Scotty; Desi Serriera; Ashley Kladakis; Dora Kallas, Kathy & Andrew Bouzinekis; Anastasia; Virginia Georgiou, Toula Tsaros, Nellie Pringle, Yolanda Webb, Angela Bougas, Ron, Jason Vickers, Rex Garrison, Ann Demas, Christina Noel Kouzes Houck, Evangeline Xeroteres, Ashley Henderson, Natalie Henderson, Chris, Debbie, James, Avery, Lily, Jacob, Jesse, Ann, Rosario, Alissa, John, Angela, Joey, Christine Scourtes, Steven, Phyllis, John Zelatis, Reagan, Peter Zaharis, Alexandra Ferrarolis, Leon & Despina Botham, Cindy Xenick, Mary Ellen Evdemon, Marie Sofia Panagopoulos, Maria Hursey, Chris Vamvakias, John Myer, Mike Trimis, Alice Stoccardo, Michael Romero, George Hambos, Dean Kondilis and Family, Bill and Nancy Manikas, Patricia Costello, Ekaterina & Anna S. Dora K., Debbie P., Mary V., David V., Don Payne, Vasili, Moriah, Andoni, and all victims of war, terrorism, crime, natural disaster, and all of whom we are unaware.

Altar Boy Schedule

March 19

Christos Nenos Constantine Ameres Zachary George Alex Findlay Gianni Matassini Nathan Moran Michael Meadows

Captains

John Palios Genaro Scarfogliero Nicholas Akrotirianakis Nicholas Carter James Magos Demetri Passalaris George Xenick Nicholas Magos PJ Zelatis

March 26

Thanos Kantaras Michael Galin Leo Sengsouvanna Kenny Kane Philip Kane Gabriel Gonzalez Andreas Stefanou

SUNDAY SCHOOL NEWS & UPDATE

March 19

Topic:
The Veneration of the Holy Cross
Third Sunday of Great Lent

March 26

Topic: Faith - St. John of the Ladder Fourth Sunday of Great Lent YOUTH SUNDAY

If you do not receive our weekly Sunday School Constant Contact every Friday afternoon, please e-mail Vickie Peckham to let her know.

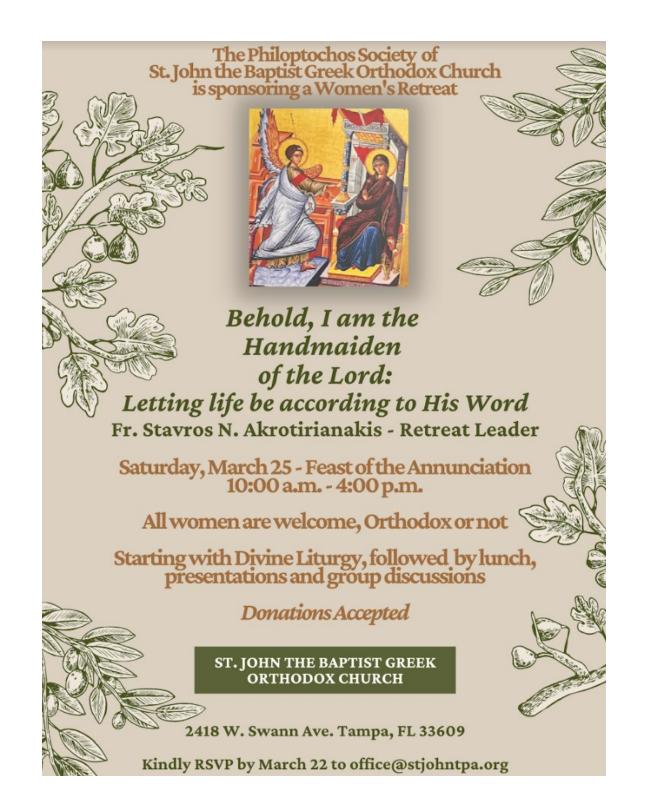
Her e-mail address is vickiepeckham@gmail.com

Fifty-Two Verses in Fifty-Two Weeks: The Bible Project March 19-25

For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of Man also be ashamed, when He comes in the glory of His Father with the holy angels.

Mark 8:38

This verse is read on the Third Sunday of Lent in the Gospel reading. There are two meanings to the word "pride". The first is a good thing—to be proud of someone, like your child, or to take pride in working hard or being accurate—this is a good kind of pride. The second is not a good thing—when we are proud to the point of being haughty or exclusive, when we do things only to benefit our egos, this is not a good kind of pride. Jesus tells us that we should be proud Christians, not in the bad elitist sense but in the working hard and being accurate sense. If we are ashamed of Jesus and of our Christianity, Jesus tells us that he likewise will be ashamed of us. And this will affect how we stand before the Lord "in the glory of His Father with the holy angels." In fact, this generation has become adulterous and sinful precisely because we are too proud as individuals and we are not putting pride in our Christianity. We are not working hard and being accurate in our Christianity but instead are leading with our own egos, whatever feels good to us. Christianity is a faith where we conform to God, and do not have God conform to us. We revolve our lives around Him, with Him at the center. When we have pride in the sense of working hard at our Christianity, our Father will also be proud of us, the kind of pride that a father has for his children, this is the pride that God will have for us, His children, when we work hard not to be caught up in the adulterous and sinful times in which we live.





MAKING TIME FOR WHAT MATTERS MOST

A SIX-WEEK LENTEN STUDY

Join us Wednesday evenings during Great Lent

March 1 First Things First: Weship

March 8 First Things First: Community

March 15 First Things First: | over Dinner Sponsored by the AHEPA/Daughters

March 22 First Things First: Carring
Dinner Sponsored by the Young at Heart and Welcome Ministry

March 29 First Things First: Sewice Dinner Sponsored by the Philoptochos

April 5 First Things First: Priorities
Dinner Sponsored by the Young Adults and Bible Studies

EACH WEDNESDAY EVENING SCHEDULE:

6:00 pm Pre-Sanctified Liturgy
7:15 pm Lenten Dinner provided by one of our ministries
7:45 pm Presentation by Father Stavros
8:05 pm Small group discussion
8:30 pm Concluding remarks and closing prayer



GREAT LENT 2023 St. John the Baptist Greek Orthodox Church Tampa, FL

Donations Needed for Great Lent and Holy Week

Great Lent begins February 27. We have many special celebrations during these weeks. We know that many of you would like to contribute to the decorating of our church and icons during this period. For your convenience, below is a list of items needed for the celebration of the Sacred Services of Lent and Holy Week. Please contact the church office to reserve your desired offering for the health of your loved ones or in memory of a deceased loved one.

Payment may be sent to the church office. Checks should be made payable to "St. John the Baptist Greek Orthodox Church" with "Lenten Flower Donation" on the memo line. Online donations are also accepted, be sure to specify.

Lent	Wireless Microphones in the Church	Duracell or Energizer AA Batteries	Many
March 3	Salutations to the Virgin Mary - 1st Stanza		\$125
March 5	Saturations to the Virgin Mary - 1st Stanza	Flowers for Icon of Panagia	\$125
March 10	Salutations to the Virgin Mary - 2nd Stanza	Flowers for Icon of Panagia	\$125
March 17	Salutations to the Virgin Mary - 3rd Stanza	Flowers for Icon of Panagia	\$125
March 19	Veneration of the Holy Cross	Flowers for Tray for Procession	\$500
March 24	Salutations to the Virgin Mary - 4th Stanza	Flowers for Icon of Panagia	\$125
March 31	Akathist Hymn	Flowers for Icon of Panagia	\$125
April 9	Palm Sunday	Flowers for Icon of Palm Sunday	\$125
		Palms Strips & Branches	\$300 total
Holy Week		Pillar Candles for Windows (20)	\$20 each
April 9	Palm Sunday	Flowers for Icon of Bridegroom in Narthex	\$125
	Bridegroom Service	Flowers for Icon of Bridegroom on Solea (2)	\$125 each
April 12	Holy Wednesday	Flowers for Icon of Last Supper	\$125
	Holy Unction	Olive Oil, Flour, Prosphora (2)	See Fr. Stavros
April 13	Holy Thursday	Flowers for Icon of Crucifixion	\$125
	STOOM'E PLEASE COM	Wreaths for Bottom of Cross (2)	\$200 each
	PLEASE DONATE	Wreath for Top of Cross	\$300
	HARD STATE PLEASURE P	Scattered flowers at base of cross	\$75
	1319 31.	Candles for Top of Cross (3)	\$20 each
April 14	Good Friday	16 Bags of Rose Petals for Myrrh-bearers	\$125
		Flowers for Epitaphios	Several
		Candles for Top of Cross (3)-Apokathelosis	\$20 each
		Candles for Top of Cross (3)-Lamentations	\$20 each
		Icon of Extreme Humility	\$125
April 16	Pascha	Flowers for Icon of Resurrection	\$125
		Flowers for Icon of Empty Tomb	\$125
		Silk Flower for Royal Doors	\$125
		Easter Lilies	\$30per Lily

		Family Cal	Family Calendar tor Great Lent 2023	reat Lent 2()23	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 26 Matthew 6:21 Sunday of Forgiveness Divine Liturgy Forgiveness Vespers	27 Psalm 95:6 Clean Monday Great Lent begins Canon of St. Andrew HALLInting Comins	28 1 Chronicles 16:29	March 1 Romans 12:1 Pre-Sanctified Liturgy	2 Hebreus 12:28	3 Psolm 63.3-4 Pre-Sanctified Liturgy Salutations to the Virgin Mary	4 Psalm 150:6 Saturday of the Souls St. Theodore Divine Liturgy
Ask forgiveness of your family members	No screens today WORSHIP	Call your Godparents to wish them a Blessed Lent	Pray for your priest	Silently pray about how much God loves you	Make a prosforo bread to offer at church	Pray for a loved one who has passed away
5 John 1:44-45 Sunday of Orthodoxy	6 Psalm 133:1 Great Compline	7 Romans 12:4-5	8 Proverbs 27:17 Pre-Sanctified Liturgy	9 Galatians 6:2	10 Matthew 18:20 Pre-Sanctified Liturgy	11 Hebrews 10:24-25
Divine Liturgy Bring an icon from home to have it blessed	Donate clothing to a charity	Secretly put a plant on a neighbor's porch	Prav for sick children	Send a card to a friend who lives in another state	Salutations to the Virgin Mary Make a list of free things you are thankful for	Forgive someone who hurt
12 Mark 2:3-5	13 John 13:34	14 John 3:16	15 Luke 10:27	16 1 Peter 4:8	17 1 John 4:18-19	18 1 Corinthians 13:4-7
St. Gregory Falamas Divine Liturgy	Great Compline		rarakiesis Pre-Sanctified Liturgy		Salutations to the	
Give vour Sunday School	Make and send a get-well card to someone who is sick	Draw a nicture of the Cross	3	Do an intentional act of kindness for someone at	Virgin Mary Smile at everyone you walk	Make a donation to a
teacher a handmade card	LOVE	with the word "love" on it	Pray for world leaders	school	by today	charity you love
19 Mark 8:34	20 Philippians 4:9	21 Isaiah 1:17	22 Psalm 119:73	23 Titus 3:14	24 2 Peter 3:18	25 Luke 1:35
Veneration of Holy Cross Divine Liturgy	Great Compline		Pre-Sanctified Liturgy		Pre-Sanctified Liturgy Salutations to the	Annunciation to the Virgin Mary
Brino a flower home from the	Learn the words to a new	Read about the life of worr		Choose a Rible nerse and nut	Virgin Mary Read a favorite Rible story	Divine Liturgy
Cross	LEARNING	patron saint	Pray your teachers	it on your refrigerator	with your family	nature He created
26 Mark 9:23-24	27 Ephesians 2:10	28 2 Corinthians 9:11-12	29 3 John 1:16	30 Matthew 5:16	31 Psalm 100:2	April 1 1 Peter 4:10
St. John of the Ladder Divine Liturgy	Great Compline		Pre-Sanctified Liturgy		Pre-Sanctified Liturgy Akathist Hymn	
Draw a ladder and put a Lenten goal on each step	Clean your room without being asked SERVICE	Do a chore in your yard	Pray for first responders	Find a charity where your family can volunteer	Visit someone who lives alone	Make and serve someone a Lenten meal today
2 Mark 10:45	3 Matthew 6:33	4 Colossians 3:17	5 Proverbs 3:5-6	6 Philippians 2:4	7 Proverbs 3:9-10	8 John 11:27
St. Mary of Egypt Divine Liturgy	Great Compline	Write the names of your	Pre-Sanctified Liturgy		Pre-Sanctified Liturgy	Saturday of Lazarus Service of Proskomide
Sing "Agios o Theos" in	Make a plan for the Holy Week services you will attend	family members to give the priest to pray over during			Tell your family members	Divine Liturgy Watch a faith based movie or
Church today	10 Mottless 25:14:15	Holy Week	Pray for people who feel alone	Memorize a short bible verse	what you love about them	show with your family
Palm Suno	H	Holy Tue	Holy Wednesday	Holy Thursday	Holy Fri	Holy Sat
Vespers	Service of the Bridegroom	Service of the Bridegroom	Holy Unction	12 Gospels service	Unnailing from the Cross	Resurrection Service
Service of the Bridegroom Replace your old palm cross	Read the story about Joseph from the Old Testament	Read the story of Kassiane the hymnographer	Holy Unction Receive Holy Unction	Color eggs red for Pascha	Lamentations Pray about Jesus on the cross	Come see the leaves scattered at the morning liturgy
16 Psalm 51:10	17 2 Corinthians 4:16	18 Ephesians 4:23	19 Isaiah 41:1	20 Romans 12:2	21 Colossians 3:10	22 Isaiah 40:31
PASCHA Agape Vespers					Life-Giving Fountain Divine Liturgy	
Christ is Risen! Truly He is Risen!	Joyfully sing Christ is risen!	Crack your red eggs while saying "Christ is risen! Trulų He is risen!"	Find a picture with the verse John 3:16 and print it out	Play with someone who feels left out	Say a prayer for the gift of clean water	Make resurrection rolls