

Parish Priest:	Rev. Fr. Stavros Akrotirianakis	813-876-8830
Retired Priest in Residence:	Rev. Fr. Stratton Dorozenski	813-876-8830
Retired Priest in Residence:	Rev. Fr. John Stefero	813-876-8830
Pastoral Assistant:	Vasili Panagopoulos	414-254-5134
Bookkeeper:	Debbie Bowe	813-876-8830
Administrative Assistant:	Kim Rojas	813-876-8830

Parish Council:		
John Zelatis, President		813-727-2271
Euripides Panos, Vice President		813-352-3972
Marilyn Sandborn, Secretary		813-760-6289
Gary Ward, Treasurer		813-846-3898
Jim Armstrong		954-295-6665
Amin Hanhan		813-846-2957
Nick Katzaras		863-581-2430
Suzanne Pileggi		813-244-5855
Alexis Scarfogliero		813-892-1599
Marcelle Triantafilou		612-396-5026
Mike Xenick		813-340-8737

12 Disciples	Mathew Balasis	727-421-7376
AHEPA:	Thomas Sakaris, President	201-819-2319
Altar Angels:	Kalliope Chagaris	813-789-4134
Bookstore:	Pres. Denise Stefero	678-464-4833
Choir:	Tara Swartzbaugh, Director	813-313-0439
	Ruth Losovitz, Organist	727-688-2782
College Ministry:	Vasili Panagopoulos	414-254-5134
Community Outreach:	Greg Melton	813-967-2074
Dance Groups:	HXAPA ΜΑΣ, Alexandra De Maio	813-340-9668
	Maraquet Edquid	813-422-8963
	ΠΑΡΕΑ, Marina Choundas	813-877-6136
	Genie Carter	813-363-2362
	ΠΑΝΗΓΥΡΙ, Alexandra De Maio	813-340-9668

Daughters of Penelope:	Elena Ketchum	813-229-0144
Finance Committee:	Gary Ward	813-846-3898
Food Pantry	Sheila Vukmer	412-719-1005
GriefShare:	Donna Hambos	813-843-8412
GOYA:	Michael & Bessie Palios	813-523-0346
Hope/Joy:	George & Zackie Ameres	813-245-3813
Joy Tweens	Maraquet Edquid	813-422-8963
Men's Fellowship:	Fr. Stavros Akrotirianakis	813-876-8830
MOMS:	Mary Ann Konstas	813-215-9862
Nursing Ministry:	Marcelle Triantafilou	612-396-5026
Oratorical Festival:	Peggy Bradshaw	727-244-1374
Photography Ministry:	Karina Findlay	813-476-9632
Philoptochos:	Melissa Krinos	813-716-9975
Stewardship:	Chris Kyrus	757-672-1920
	George Mitseas	813-748-1220

Sunday School:	Vickie Peckham	813-758-3102
Ushers	Pete Trakas	813-505-2193
Veterans/1st Responders	Fr. John Stefero	813-876-8830
Welcoming Ministry:	Maria Xenick	813-765-3587
Young Adults	Fr. Stavros Akrotirianakis	813-876-8830
Young at Heart:	Bill Manikas	813-716-8185
	Dora Morgan	813-613-3738
Youth Protection:	Suzanne Pileggi	813-244-5855



St. John the Baptist Greek Orthodox Church

February 26, 2023

Fr. Stavros Akrotirianakis (Proistamenos)
Fr. Stratton Dorozenski (Retired Priest In Residence)
Fr. John Stefero (Retired Priest In Residence)

(Icon of Expulsion from Paradise)

VISION:
Love God, Love your neighbor and spread the Gospel of Jesus Christ as an Orthodox Christian community.

MISSION:
The mission of St. John the Baptist Greek Orthodox Church is to welcome and serve people with love, truth, joy and peace, and to create an environment that encourages all to seek salvation through Orthodox Christianity.

CORE VALUES:
Love, Worship, Community, Learning, Service

SYNAXARION:
Forgiveness Sunday; Porphyrius, Bishop of Gaza; The Holy Great Martyr Photine, the Samaritan Women

Resurrectional Apolytikion (Mode 4)

When the tidings of the Resurrection from the angel was proclaimed unto the women disciples, and our ancestral sentence also had been abolished, to the apostles, with boasting did they proclaim: that death is vanquished evermore and Christ our God is risen from the dead, granting to the world His great mercy.

Apolytikion of St. John the Baptist:

The memory of the just is observed with hymns of praise; for you O Forerunner the witness of the Lord is sufficient. You have proved to be truly more venerable than the prophets. Since you were granted to baptize in the river, the One Whom they proclaimed. Therefore, you strove for truth, proclaiming with joy the Good News, even to those in Hades: that God was manifested in the flesh, and takes away the sins of the world, and grants to us His great mercy.

Kontakion:

O Wisdom’s guiding star, provider of prudence, instructor of the foolish ones, and the defender of the poor: support and give understanding, O Master, to my heart. You give me words, who are the Father’s Word; for behold I shall not hold back my lips from crying out to You: O Compassionate One, have mercy on me who has gone astray.

Welcome to all of our Visitors “Welcome one another just as Christ has welcomed you, for the glory of God.” Romans 15:7 We pray that your worship experience with us today will be inspirational and uplifting. Please introduce yourself to an usher or a member of the Welcoming Ministry and pick-up a “welcome packet” as you exit the church. We are happy that you are with us today!

Holy Communion is offered only to Orthodox Christians who are in good canonical standing with the church and who have prepared through prayer and fasting. Everyone is invited to receive the Antidoron (Blessed Bread) at the end of the Divine Liturgy.

Order for Holy Communion—With Sunday School back in session the order for Holy Communion will be as follows:

1. Choir

2. Altar boys

3. Sunday school teachers (who will line up in middle aisle before Communion)

4. Sunday school students (who will line up in the middle aisle before Communion behind the teachers)

5. Then the rest of the congregation

Trisagion:
John Anthousis (9 months),; Nikolas Rogers (2years); Carl (Sebastian) Calamunci (12 years)

Upcoming Services & Events		
SundayFebruary 26	Orthros 8:30 a.m. Empowering Parents Retreat Forgiveness Vespers 6:00 p.m. Sunday School Pre- Lent Retreat	Divine Liturgy 10:00 a.m.
Monday February 27	Clean Monday Beginning of Great Lent Canon of St. Andrew 10:00 a.m. Holy Unction 6:00 p.m.	
Tuesday February 28	Women’s Bible Study 10:00 a.m. Bible Study 6:30 p.m.	
Wednesday March 1	9th Hour 5:30 p.m. Lenten Dinner/ Discussion in Hall	Pre-Sanctified Liturgy 6:00 p.m.
Thursday March 2	Adult Greek School Choir Practice	
Friday March 3	9th Hour 9:30 a.m. Pre-Sanctified Liturgy 10:00 a.m.	Salutations 6:30 p.m.
Saturday March 4	Saturday of Souls- St. Theodore Orthros 9:00 a.m.	Divine Liturgy 10:00 a.m.
Sunday March 5	Sunday of Great Lent- Sunday of Orthodoxy Orthros 8:30 a.m. AHEPA/Daughters	Divine Liturgy 9:45 a.m.

Welcome Deacon Zacharias Zaharis

This morning we welcome Deacon Zacharias Zaharis, who is visiting from Chicago and will be serving Liturgy with us!

Welcome

Religious Education at St. John

Monday Night Bible Study

Leader:
Fr. John

February 28:
Tuesday at 6:30 p.m.

Women’s Bible Study

Leader:
Fr. Stavros

February 28:
Tuesday at 10:00 a.m.

MINISTRY NEWS & UPDATES

St. John's Bookstore - Book of the Week

Troubled by wounds from your past? Now available in our bookstore - "Healing your Wounded Soul - Growing from Pain to Peace" by Fr. Joshua Makoul, Orthodox priest and licensed therapist. Fr. Joshua shows how we can draw on the insights and resources of both the Church and modern psychology to help us come to terms with our past and further our path to union with God.

Choir "Flash Mob" this morning

This morning, our choir will be leading the responses by sitting in the pews "among the people." This is to encourage people to sing along in the service. The responses actually belong to the people. The choir leads the people in singing the responses but all the people are supposed to sing them together. Please sing along with the choir this



Nursing Ministry

Behalf of your Nursing Ministry and OneBlood team, we want to thank all the generous donors. Your willingness to commit your time to this very important effort is truly appreciated especially by those whose lives will be saved by your donations. We had a total of 10 donors this drive! Our next drive will be in the fall.

Whatever you do for someone, you are doing it for Christ.
Your Nursing Ministry!

Sunday of Orthodox Vespers in Tarpon Springs, Sunday, March 5

A Pan-Orthodox Vespers will be held at St. Nicholas Greek Orthodox Cathedral in Tarpon Springs on Sunday, March 5, beginning at 5:00 p.m. to commemorate the Sunday of Orthodoxy. All the Orthodox clergy (of all jurisdictions) of the Tampa Bay area will participate. A Lenten reception will follow the Vespers.

JOY Tweens

On Sunday, March 5, JOY Tweens have a fun offsite activity scheduled at Game Over Escape Rooms! Our JOY Tweens will be working together to solve puzzles and find their way out of one of the very fun, but challenging, escape rooms! Please see the JOY Tweens Constant Contact for more details or contact Maraquet Edquid at 813-422-8963.

March is Θαλασσαιμία/Cooley's Anemia Month

Fourth Annual ST JOHN GREEK ORTHODOX CHURCH and AHEPA Tampa Chapter #12 Project

Cooley's Anemia or "Θαλασσαιμία"/Thalassemia, is a rare but fatal genetic blood disorder. It mostly affects people of Mediterranean descent. In its most severe form, it requires bone marrow transplants but usually those who are diagnosed experience symptoms of fatigue, weakness, paleness, and slow growth. Many are unaware they are carriers of the genetic disease until either their child suffers from it or a DNA test result is acquired.

How can you help?

- Get tested since it affects people of Mediterranean descent
- Educate others to be tested and provide support
- Register to be a prospective bone marrow donor with a swab test or by the St John NursingMinistry on March 26 th .

AHEPA has partnered with Team Be The Match for children in need of bone marrow matches. Since April 2006, AHEPA has added 3,000 donors to the Registry. More than 4,000 patients around the world have searched our database and donors have been asked to "be at the ready" for a donation.

1. There will be a table in the Kourmoulis Church Hall with information.

- March 5 th
- March 12 th
- March 19 th
- March 26 th as a prospective donor swab testing

2. Website: <https://ahepa.org/programs/publichealth>

3. For more Information contact:

- Mike Trimis (813) 784-4872 or MTrimis.AHEPA@gmail.com
- Tom Georgas (813) 985-0236 or Georgas@verizon.net



Readings for Sunday, February 26

Prokeimenon: Make your vows to the Lord our God and perform them. Psalm 75.11,1

The reading is from St. Paul's First Letter to the Romans 13:11-14; 14:1-4

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

The reading is from the Holy Gospel according to Matthew 6:14-21

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. "And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. "Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."

Fifty-Two Verses in Fifty-Two Weeks: The Bible Project February 26-March 4

**For if you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses.
Matthew 6:14**

We don't use the word "karma" in the Orthodox Church. We don't believe in it. This verse is as close to "what goes around comes around" as we can get. Christ teaches us clearly in the Gospel of Matthew 6:14, that if we forgive others, God will forgive us. If we do not forgive others, God will not forgive us either. This is why immediately prior to this verse, we find the words of the Lord's Prayer, where Jesus prays that our trespasses should be for-given to the degree we forgive others, "Forgive us our trespasses, as we forgive those who trespass against us." There is an understanding that God's forgiveness of our sins directly correlates to us for-giving one another. It is important, crucial actually, that we learn how to forgive and to ask forgiveness as well.

Liturgical Notes

Sunday, February 26 - Forgiveness Sunday (Cheesefare)

Cheese-Fare Sunday is the last day in which dairy products are allowed. The Monday after Cheese-Fare Sunday is the official beginning of the Great Lent; this Monday is also called Clean Monday (Kathara Deftera). On Cheese-Fare Sunday the Church commemorates the sending away of Adam and Eve from the Garden of Paradise. Adam and Eve were in complete harmony with God, nature and themselves. They were tempted by the devil and they agreed to eat from the tree of knowledge, in order that they themselves might become gods. The result was fatal; they were cast out of Paradise and sin came into the world. The Holy Fathers selected this event to remind us of our obligations to God and about the laws of fasting and Christian behavior (Matthew 6:14-21).

Sunday, February 26 - Forgiveness Vespers

Great and Holy Lent begins on Monday, March 7, a day called Clean Monday, or “Kathara Deftera” in Greek. Vespers is the service that ends one day and begins another, so we will celebrate the Vespers of Forgiveness and beginning of Great Lent on Sunday evening, March 6, at 6:00 p.m. This service lasts about an hour and marks the beginning of Great Lent, which is announced during one of the hymns mid-way through the service. During this hymn, the priest changes vestments from white to purple, the lights in the church are dimmed and the mood of the service becomes somber. In fact, it is the opposite of the Resurrection Service on Easter, where everything begins dark and goes to light. The service concludes with a prayer of forgiveness being read over the congregation and the exchange of mutual forgiveness among the members of the congregation. This service is an especially appropriate way to begin the Lenten season, and for those who attended last season, is one of the most moving services of the church year.

Monday, February 27 - Canon of St. Andrew

The Penitential Canon of St. Andrew will be read from 10:00-11:00 a.m. on Monday, March 7 as we begin Great Lent. The Canon, in its entirety, takes hours to read. We will read and chant an abridged version of this Canon on Clean Monday. Service books for this service will be available in the narthex.

Monday, February 27 - Holy Unction on Clean Monday

The Sacrament of Holy Unction is always offered during Holy Week on Holy Wednesday. But the sacrament can be done at any time of the year. The emphasis of this sacrament involves, spiritual healing, spiritual cleansing and repentance. What better way to begin Great Lent than the sacrament of Holy Unction. Please bring your Holy Week book to follow along. The service will be held on Monday, February 27, from 6:00-7:30 p.m.

Sunday, March 5 - Sunday of Orthodoxy

If anyone has new icons that have not been blessed, please bring them to church on Sunday, March 5, the Sunday of Orthodoxy, and place them in the windows of the church. They will be blessed with Holy Water during the service.

Prayer List: Lord Jesus Christ, Physician of our Souls and Bodies, visit and heal your servants: Marcelle T., Elena, Ricky& Michael Gordenina, Tina Chakonas, Felix R., Ivco; ; George Joseph; Anna, Stavroula, George, Pam, and Liz; Christopher Labatos; Sylvia Michos; Eva Coppalla; Christopher; Christopher; Peter Nenos; Tony Ekonomou; Patrick Carroll; Ourania Tziotis, Irina, Marina, Yuri, and Christophoros; Ashley Snyder; Evangelos & Caroline Critkas; Christine Alex, June, Lillian Thomas; Scotty; Desi Serriera; Ashley Kladakis; Dora Kallas, Kathy & Andrew Bouzinekis; Anastasia; Virginia Georgiou, Toulas Tsaros, Nellie Pringle, Yolanda Webb, Angela Bougas, Ron, Jason Vickers, Rex Garrison, Ann Demas, Christina Noel Kouzes Houck, Evangeline Xeroteris, Ashley Henderson, Natalie Henderson, Chris, Debbie, James, Avery, Lily, Jacob, Jesse, Ann, Rosario, Alissa, John, Angela, Joey, Christine Scourtes, Steven, Phyllis, John Zelatis, Reagan, Peter Zaharis, Alexandra Ferrarolis, Leon & Despina Botham, Cindy Xenick, Mary Ellen Evdemon, Marie Sofia Panagopoulos, Maria Hursey, Chris Vamvakias, John Myer, Mike Trimis, Alice Stoccardo, Michael Romero, George Hambos, Dean Kondilis and Family, Bill and Nancy Manikas, Patricia Costello, Ekaterina & Anna S. Dora K., Debbie P., Mary V., David V., Don Payne, Vasili, Moriah, Andoni, and all victims of war, terrorism, crime, natural disaster, and all of whom we are unaware.

Altar Boy Schedule

February 26

GOYAns ONLY

Captains

John Palios
Genaro Scarfogliero
Nicholas Akrotirianakis
Nicholas Carter
James Magos
Demetri Passalaris
George Xenick
Nicholas Magos
PJ Zelatis

March 5

Michael Snyder
Zachary Carter
Dorian Setzer-Torres
Leo Lendaros
Niko Kyrus
Josh Roby

SUNDAY SCHOOL NEWS & UPDATE

February 26

Topic:
Forgiveness Sunday
7th- 12th Graders will stay in Church
PRE- LENTEN RETREAT FOR Pre-K - 6th grade
11:45- 1:30 PARENT RETREAT
12:00-1:30 Children's Movie and Lunch during
Parent Retreat

March 5th

Topic:
Icons/Sunday of Orthodoxy – First Sunday of Lent -
ALL of the Sunday School students will
participate in the Procession of the Icons

Attention Sunday School Parents PreK – 6th!

**"EMPOWERING PARENTS" RETREAT:
MAKING SUNDAY SCHOOL PART OF YOUR
EVERYDAY**

WHAT: A retreat for ALL parents of Sunday School students
WHEN: Sunday, February 26
TIME: Immediately Following church until 1:30 pm
WHERE: The Zaharias Room

We will discuss:

- How to bring each week's lesson into every day of the week
- Why we bring our children to Sunday School and why it's important
- How our Sunday School program can better meet the needs of students and parents
- Any topic parents want to discuss – we want your input!

**JOIN
US!**

For Children!
Lunch, a movie and childcare
will be provided (on premises)
for children with parents
participating in the Sunday
School Parents Retreat!

PLEASE TELL YOUR CHILD'S SUNDAY SCHOOL TEACHER IF YOU WILL ATTEND

 **TODAY**

What: A retreat for ALL parents
When: Sunday February 26
Where: In the ZAHARIAS Room
Time: After Divine Liturgy, until 1:30 p. m.

If you do not receive our weekly Sunday
School Constant Contact every Friday
afternoon, please e-mail Vickie Peckham to
let her know.

Her e-mail address is
vickiepeckham@gmail.com

The Philoptochos Society of
St. John the Baptist Greek Orthodox Church
is sponsoring a Women's Retreat



**Behold, I am the
Handmaiden
of the Lord:**

Letting life be according to His Word
Fr. Stavros N. Akrotirianakis - Retreat Leader

Saturday, March 25 - Feast of the Annunciation
10:00 a.m. - 4:00 p.m.

All women are welcome, Orthodox or not

**Starting with Divine Liturgy, followed by lunch,
presentations and group discussions**

Donations Accepted

**ST. JOHN THE BAPTIST GREEK
ORTHODOX CHURCH**

2418 W. Swann Ave. Tampa, FL 33609

Kindly RSVP by March 22 to office@stjohntpa.org

First Things First:

MAKING TIME FOR WHAT MATTERS MOST A SIX-WEEK LENTEN STUDY

Join us Wednesday evenings during Great Lent

March 1 First Things First: *Worship*
Dinner Sponsored by the Sunday School

March 8 First Things First: *Community*
Dinner Sponsored by the Choir

March 15 First Things First: *Love*
Dinner Sponsored by the AHEPA/Daughters

March 22 First Things First: *Learning*
Dinner Sponsored by the Young at Heart and Welcome Ministry

March 29 First Things First: *Service*
Dinner Sponsored by the Philoptochos

April 5 First Things First: *Priorities*
Dinner Sponsored by the Young Adults and Bible Studies

EACH WEDNESDAY EVENING SCHEDULE:

6:00 pm Pre-Sanctified Liturgy
7:15 pm Lenten Dinner provided by one of our ministries
7:45 pm Presentation by Father Stavros
8:05 pm Small group discussion
8:30 pm Concluding remarks and closing prayer

GREAT LENT 2023
ST. JOHN THE BAPTIST GREEK ORTHODOX CHURCH
TAMPA, FL



Donations Needed for Great Lent and Holy Week

Great Lent begins February 27. We have many special celebrations during these weeks. We know that many of you would like to contribute to the decorating of our church and icons during this period. For your convenience, below is a list of items needed for the celebration of the Sacred Services of Lent and Holy Week. Please contact the church office to reserve your desired offering for the health of your loved ones or in memory of a deceased loved one.

Payment may be sent to the church office. Checks should be made payable to "St. John the Baptist Greek Orthodox Church" with "Lenten Flower Donation" on the memo line. Online donations are also accepted, be sure to specify.

Lent	Wireless Microphones in the Church	Duracell or Energizer AA Batteries	Many
March 3	Salutations to the Virgin Mary - 1st Stanza	Flowers for Icon of Panagia	\$125
March 10	Salutations to the Virgin Mary - 2nd Stanza	Flowers for Icon of Panagia	\$125
March 17	Salutations to the Virgin Mary - 3rd Stanza	Flowers for Icon of Panagia	\$125
March 19	Veneration of the Holy Cross	Flowers for Tray for Procession	\$500
March 24	Salutations to the Virgin Mary - 4th Stanza	Flowers for Icon of Panagia	\$125
March 31	Akathist Hymn	Flowers for Icon of Panagia	\$125
April 9	Palm Sunday	Flowers for Icon of Palm Sunday	\$125
		Palms Strips & Branches	\$300 total
Holy Week		Pillar Candles for Windows (20)	\$20 each
April 9	Palm Sunday	Flowers for Icon of Bridegroom in Narthex	\$125
	Bridegroom Service	Flowers for Icon of Bridegroom on Solea (2)	\$125 each
April 12	Holy Wednesday	Flowers for Icon of Last Supper	\$125
	Holy Unction	Olive Oil, Flour, Prosphora (2)	See Fr. Stavros
April 13	Holy Thursday	Flowers for Icon of Crucifixion	\$125
		Wreaths for Bottom of Cross (2)	\$200 each
		Wreath for Top of Cross	\$300
		Scattered flowers at base of cross	\$75
		Candles for Top of Cross (3)	\$20 each
April 14	Good Friday	16 Bags of Rose Petals for Myrrh-bearers	\$125
		Flowers for Epitaphios	Several
		Candles for Top of Cross (3)-Apokathelosis	\$20 each
		Candles for Top of Cross (3)-Lamentations	\$20 each
		Icon of Extreme Humility	\$125
April 16	Pascha	Flowers for Icon of Resurrection	\$125
		Flowers for Icon of Empty Tomb	\$125
		Silk Flower for Royal Doors	\$125
		Easter Lilies	\$30per Lily

Family Calendar for Great Lent 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 26 Matthew 6:21 Sunday of Forgiveness Divine Liturgy Forgiveness Vespers Ask forgiveness of your family members	27 Psalm 95:6 Clean Monday Great Lent begins Canon of St. Andrew Holy Unction Service No screens today WORSHIP	28 1 Chronicles 16:29 Call your Godparents to wish them a Blessed Lent	March 1 Romans 12:1 Pre-Sanctified Liturgy	2 Hebrews 12:28 Silently pray about how much God loves you	3 Psalm 63:3-4 Pre-Sanctified Liturgy Salutations to the Virgin Mary	4 Psalm 150:6 Saturday of the Souls St. Theodore Divine Liturgy Pray for a loved one who has passed away
5 John 1:44-45 Sunday of Orthodoxy Divine Liturgy Bring an icon from home to have it blessed	6 Psalm 133:1 Great Compline	7 Romans 12:4-5 Secretly put a plant on a neighbor's porch	8 Proverbs 27:17 Pre-Sanctified Liturgy Pray for your priest	9 Galatians 6:2 Send a card to a friend who lives in another state	10 Matthew 18:20 Pre-Sanctified Liturgy Salutations to the Virgin Mary Make a list of five things you are thankful for	11 Hebrews 10:24-25 Forgive someone who hurt you
12 Mark 2:3-5 St. Gregory Palamas Divine Liturgy Give your Sunday School teacher a handmade card	13 John 13:34 Great Compline Make and send a get-well card to someone who is sick	14 John 3:16 Draw a picture of the Cross with the word "love" on it	15 Luke 10:27 Paraklesis Pre-Sanctified Liturgy Pray for world leaders	16 1 Peter 4:8 Do an intentional act of kindness for someone at school	17 1 John 4:18-19 Pre-Sanctified Liturgy Salutations to the Virgin Mary Smile at everyone you walk by today	18 1 Corinthians 13:4-7 Make a donation to a charity you love
19 Mark 8:34 Veneration of Holy Cross Divine Liturgy Bring a flower home from the cross	20 Philippians 4:9 Great Compline Learn the words to a new prayer	21 Isaiah 1:17 Read about the life of your patron saint	22 Psalm 119:73 Pre-Sanctified Liturgy Pray your teachers	23 Titus 3:14 Choose a Bible verse and put it on your refrigerator	24 2 Peter 3:18 Pre-Sanctified Liturgy Salutations to the Virgin Mary Read a favorite Bible story with your family	25 Luke 1:35 Annunciation to the Virgin Mary Divine Liturgy Thank God for something in nature He created
26 Mark 9:23-24 St. John of the Ladder Divine Liturgy Draw a ladder and put a Lenten goal on each step	27 Ephesians 2:10 Great Compline Clean your room without being asked	28 2 Corinthians 9:11-12 Do a chore in your yard	29 John 1:16 Pre-Sanctified Liturgy Pray for first responders	30 Matthew 5:16 Find a charity where your family can volunteer	31 Psalm 100:2 Pre-Sanctified Liturgy Akathist Hymn Visit someone who lives alone	April 1 1 Peter 4:10 Make and serve someone a Lenten meal today
2 Mark 10:45 St. Mary of Egypt Divine Liturgy Sing "Agios o Theos" in Church today	3 Matthew 6:33 Great Compline Make a plan for the Holy Week services you will attend	4 Colossians 3:17 Write the names of your family members to give the priest to pray over during Holy Week	5 Proverbs 3:5-6 Pre-Sanctified Liturgy Pray for people who feel alone	6 Philippians 2:4 Memorize a short bible verse	7 Proverbs 3:9-10 Pre-Sanctified Liturgy Tell your family members what you love about them	8 John 11:27 Saturday of Lazarus Service of Proskomide Divine Liturgy Watch a faith based movie or show with your family
9 John 12:15 Palm Sunday Divine Liturgy Vespers Service of the Bridegroom Replace your old palm cross	10 Matthew 25:14-15 Holy Monday Pre-Sanctified Liturgy Service of the Bridegroom Read the story about Joseph from the Old Testament	11 Luke 17:3-4 Holy Tuesday Pre-Sanctified Liturgy Service of the Bridegroom Read the story of Kassiane the hymnographer	12 Psalm 147:3-4 Holy Wednesday Pre-Sanctified Liturgy Holy Unction Service of the Bridegroom Holy Unction Receive Holy Unction	13 John 15:12-13 Holy Thursday Liturgy of St. Basil 12 Gospels service Color eggs red for Pascha	14 Joshua 24:15 Holy Friday Royal Hours Unnailing from the Cross Lamentations Pray about Jesus on the cross	15 Acts 2:22-24 Holy Saturday Liturgy of St. Basil Resurrection Service Come see the leaves scattered at the morning liturgy
16 Psalm 51:10 PASCHA Agape Vespers Christ is Risen! Truly He is Risen!	17 2 Corinthians 4:16 Joyfully sing Christ is risen!	18 Ephesians 4:23 Crack your red eggs while saying "Christ is risen! Truly He is risen!"	19 Isaiah 41:1 Find a picture with the verse John 3:16 and print it out	20 Romans 12:2 Play with someone who feels left out	21 Colossians 3:10 Life-Giving Fountain Divine Liturgy Say a prayer for the gift of clean water	22 Isaiah 40:31 Make resurrection rolls