

<b>Parish Priest:</b>	Rev. Fr. Stavros Akrotirianakis	813-876-8830
<b>Retired Priest in Residence:</b>	Rev. Fr. Stratton Dorozenski	813-876-8830
<b>Retired Priest in Residence:</b>	Rev. Fr. John Stefero	813-876-8830
<b>Pastoral Assistant:</b>	Vasili Panagopoulos	414-254-5134
<b>Bookkeeper:</b>	Debbie Bowe	813-876-8830
<b>Administrative Assistant:</b>	Kim Rojas	813-876-8830

<b>Parish Council:</b>		
John Zelatis, President		813-727-2271
Euripides Panos, Vice President		813-352-3972
Marilyn Sandborn, Secretary		813-760-6289
Gary Ward, Treasurer		813-846-3898
Jim Armstrong		954-295-6665
Amin Hanhan		813-846-2957
Nick Katzaras		863-581-2430
Suzanne Pileggi		813-244-5855
Alexis Scarfogliero		813-892-1599
Marcelle Triantafilou		612-396-5026
Mike Xenick		813-340-8737

<b>12 Disciples</b>	Mathew Balasis	727-421-7376
<b>AHEPA:</b>	Thomas Sakaris, President	201-819-2319
<b>Altar Angels:</b>	Kalliope Chagaris	813-789-4134
<b>Bookstore:</b>	Pres. Denise Stefero	678-464-4833
<b>Choir:</b>	Tara Swartzbaugh, Director	813-313-0439
	Ruth Losovitz, Organist	727-688-2782
<b>College Ministry:</b>	Vasili Panagopoulos	414-254-5134
<b>Community Outreach:</b>	Greg Melton	813-967-2074
<b>Dance Groups:</b>	H XAPA MΑΣ, Alexandra De Maio	813-340-9668

	Maraquet Edquid	813-422-8963
	ΠΑΡΕΑ, Marina Choundas	813-877-6136
	Genie Carter	813-363-2362
	ΠΑΝΗΓΥΡΙ, Alexandra De Maio	813-340-9668
<b>Daughters of Penelope:</b>	Elena Ketchum	813-229-0144
<b>Finance Committee:</b>	Gary Ward	813-846-3898
<b>Food Pantry</b>	Sheila Vukmer	412-719-1005
<b>GriefShare:</b>	Donna Hambos	813-843-8412
<b>GOYA:</b>	Michael & Bessie Palios	813-523-0346
<b>Hope/Joy:</b>	George & Zackie Ameres	813-245-3813
<b>Joy Tweens</b>	Maraquet Edquid	813-422-8963
<b>Men's Fellowship:</b>	Fr. Stavros Akrotirianakis	813-876-8830
<b>MOMS:</b>	Mary Ann Konstas	813-215-9862
<b>Nursing Ministry:</b>	Marcelle Triantafilou	612-396-5026
<b>Oratorical Festival:</b>	Peggy Bradshaw	727-244-1374
<b>Photography Ministry:</b>	Karina Findlay	813-476-9632
<b>Philoptochos:</b>	Melissa Krinos	813-716-9975
<b>Stewardship:</b>	Chris Kyrus	757-672-1920
	George Mitseas	813-748-1220
<b>Sunday School:</b>	Vickie Peckham	813-758-3102
<b>Ushers</b>	Pete Trakas	813-505-2193
<b>Veterans/1st Responders</b>	Fr. John Stefero	813-876-8830
<b>Welcoming Ministry:</b>	Maria Xenick	813-765-3587
<b>Young Adults</b>	Fr. Stavros Akrotirianakis	813-876-8830
<b>Young at Heart:</b>	Bill Manikas	813-716-8185
	Dora Morgan	813-613-3738
<b>Youth Protection:</b>	Suzanne Pileggi	813-244-5855



## **St. John the Baptist Greek Orthodox Church**

**March 26, 2023**

**Fr. Stavros Akrotirianakis (Proistamenos)**  
**Fr. Stratton Dorozenski (Retired Priest In Residence)**  
**Fr. John Stefero (Retired Priest In Residence)**

**(Icon of Sunday of St. John Climacus )**

**VISION:**  
Love God, Love your neighbor and spread the Gospel of Jesus Christ as an Orthodox Christian community.

**MISSION:**  
The mission of St. John the Baptist Greek Orthodox Church is to welcome and serve people with love, truth, joy and peace, and to create an environment that encourages all to seek salvation through Orthodox Christianity.

**CORE VALUES:**  
Love, Worship, Community, Learning, Service

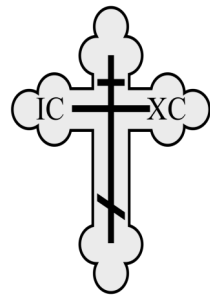
**SYNAXARION:**  
Sunday of St. John Climacus; Synaxis in honor of the Archangel Gabriel; 26 Martyrs in Crimea

**Resurrectional Apolytikion (Plagal 4)**  
From Above did You descend O Christ our God. For us did You endure three days in the tomb, that we may be relieved from passions in this world. You who are our Resurrection and our Life: Glory to You, O Lord.

**Kontakion:**  
Ti I-per-ma-cho stra-ti-go ta ni-ki-ti-ri-a, os li-tro-thi-sa ton di-non ef-cha-ri-sti-ri-a, a-na-gra-fo si i po-lis sou The -o-to-ke. Al'os e-chu-sa to kra-tos a-pro-sma-chi-ton ek pan-di-on me kin-di-non e-lef-the-ro-son i-na kra-zo si: He-re nim-fi a-nim-fef-te.

**Apolytikion for St. John:**  
The memory of the just is observed with hymns of praise; for you O Forerunner the witness of the Lord is sufficient. You have proved to be truly more venerable than the prophets. Since you were granted to baptize in the river, the One Whom they proclaimed. Therefore, you strove for truth, proclaiming with joy the Good News, even to those in Hades: that God was manifested in the flesh, and takes away the sins of the world, and grants to us His great mercy.

Victorious Lady, mighty champion, defending us, we your servants, now inscribe to you this hymn of thanks, for you rescued us from suffering and tribulation. The-otokos, with your power that can never fail, keep us safe from every danger our whole life long. That we may cry to you: Rejoice, O Bride unwedded.



**Welcome to all of our Visitors** “Welcome one another just as Christ has welcomed you, for the glory of God.” Romans 15:7 We pray that your worship experience with us today will be inspirational and uplifting. Please introduce yourself to an usher or a member of the Welcoming Ministry and pick-up a “welcome packet” as you exit the church. We are happy that you are with us today!

**Holy Communion** is offered only to Orthodox Christians who are in good canonical standing with the church and who have prepared through prayer and fasting. Everyone is invited to receive the Antidoron (Blessed Bread) at the end of the Divine Liturgy.

**Order for Holy Communion**—With Sunday School back in session the order for Holy Communion will be as follows:

1. Choir
2. Altar boys
3. Sunday school teachers (who will line up in middle aisle before Communion)
4. Sunday school students (who will line up in the middle aisle before Communion behind the teachers)
5. Then the rest of the congregation

**Memorial:**  
Lily DiSciullo (40 days); Pres. Helen Kalamaras (40 days); Elena Katinakis Ruyle (40 days); Andrew Fotopoulos (40days); Fr. Antonios Papathanasiou (1 year); Anastasia Smymakis (1 year)

Upcoming Services & Events		
Sunday March 26	4th Sunday of Great Lent—St. John of the Ladder Orthros 8:30 a.m. Divine Liturgy 9:45 a.m. Greek Independence Day Program after church Men’s Group 5:00 p.m.	
Monday March 27	Great Compline 5:30 p.m. Bible Study 6:30 p.m.	
Tuesday March 28	Women’s Bible Study 10:00 a.m.	
Wednesday March 29	9th Hour 5:30 p.m. Pre-Sanctified Liturgy 6:00 p.m. Dinner- Sponsored by Philoptochos Ministry	
Thursday March 30	Adult Greek School Choir Practice	
Friday March 31	9 th Hour 9:30 a.m. Pre-Sanctified Liturgy 10:00 a.m. Vigil of the Akathist Akathist Hymn 6:30 p.m. Divine Liturgy 8:15 p.m	
Sunday, April 2	5th Sunday of Great Lent—St. Mary of Egypt Orthros 8:30 a.m. Divine Liturgy 9:45 a.m	
Monday, April 3	Great Compline 5:30 p.m Young Adult - Dinner Discussion	

WELCOME TO OUR PARISH

If you are new to the Tampa Bay area or just visiting, we would love to get to know you better.

PLEASE TEXT THE WORD

"WELCOME" TO 813-790-5950

FOLLOW THE PROMPTS TO GIVE US  
YOUR CONTACT INFORMATION AND FROM THERE  
YOU WILL BE DIRECTED TO OUR ONLINE CONNECTION CARD

DO NOT NEGLECT TO SHOW *hospitality* TO STRANGERS.  
FOR THEREBY SOME HAVE ENTERAINED *angels unaware.*  
HEBREWS 13:2

**Religious Education at St. John**

<b>Monday Night Bible Study</b>	<b>Women’s Bible Study</b>
Leader: Fr. John	Leader: Fr. Stavros
March 27: Monday at 6:30 p.m.	March 28: Tuesday at 10:00 a.m.



# MINISTRY NEWS & UPDATES

## St. John's Bookstore- Paschal Items Available Today!

Beginning today and throughout the remainder of Great Lent and Holy Week, our bookstore will feature a table with items for Pascha. Icons of the special events of Holy Week and the Resurrection will be available along with greeting cards in Greek or English, decorative eggs and boxes, red egg dye imported from Greece, and Holy Week service books and children's books. Shop early for the best selection.



### Men's Group- TODAY

Our men's group will meet on Sunday March 26, from 5:00-7:30 p.m. in the Kourmolis Center. Any men of our community are welcome to join us for dinner, discussion. Please bring \$20—we will order in for dinner. Please mark down our dates for men's group for this academic year—Sunday, March 26; Sunday, April 30 and Sunday, May 21

### Greek Independence Day Program- TODAY

We will mark Greek Independence Day with a luncheon and short program on Sunday, March 26.



The **Nursing Ministry** has partnered with **BE THE MATCH** and **AHEPA** for the opportunity to save lives by a simple swab. **TODAY** you can save a life by being a potential bone marrow donor. We will be providing swab kits today in the social hall following the Liturgy.



Nursing ministry will have a **blood pressure clinic** after Liturgy **today**. Please stop by and get your blood pressure checked.!

Dear Parishioners,  
For the last 10 years it has been the tradition to have a vigil at the Cross of Christ starting at 10:00 p.m. Holy Thursday night, until 7:00 p.m. Good Friday evening. By God's grace, we will be continuing this blessed tradition this year. As it has been in years past, there is a sign up process for the vigil (scan this barcode to bring you to the sign up). Each time slot is 15-minutes long, and you may sign up for as many time slots as you would like.  
I have been blessed and privileged with the opportunity to put together this year's vigil, so should you have any questions, please feel free to contact me.  
With love in Christ, Vasili  
Email: [vasili@stjohntpa.org](mailto:vasili@stjohntpa.org) | Phone: (414) 254-5134



### March is Θαλασσαιμία/Cooley's Anemia Month

#### Fourth Annual ST JOHN GREEK ORTHODOX CHURCH and AHEPA Tampa Chapter #12 Project

Cooley's Anemia or "Θαλασσαιμία"/Thalassemia, is a rare but fatal genetic blood disorder. It mostly affects people of Mediterranean descent. In its most severe form, it requires bone marrow transplants but usually those who are diagnosed experience symptoms of fatigue, weakness, paleness, and slow growth. Many are unaware they are carriers of the genetic disease until either their child suffers from it or a DNA test result is acquired.

How can you help?

- ☐ Get tested since it affects people of Mediterranean descent
- ☐ Educate others to be tested and provide support
- ☐ Register to be a prospective bone marrow donor with a swab test or by the St John Nursing Ministry on March 26th .

AHEPA has partnered with Team Be The Match for children in need of bone marrow matches. Since April 2006, AHEPA has added 3,000 donors to the Registry. More than 4,000 patients around the world have searched our database and donors have been asked to "be at the ready" for a donation.

#### 1. There will be a table in the Kourmoulis Church Hall with information.

- a. March 5th
- b. March 12th
- c. March 19th
- d. March 26th as a prospective donor swab testing

#### 2. Website: <https://ahepa.org/programs/publichealth>

#### 3. For more Information contact:

- a. Mike Trimis (813) 784-4872 or [MTrimis.AHEPA@gmail.com](mailto:MTrimis.AHEPA@gmail.com)
- b. Tom Georgas (813) 985-0236 or [Georgas@verizon.net](mailto:Georgas@verizon.net)



## Readings for Sunday, March 26

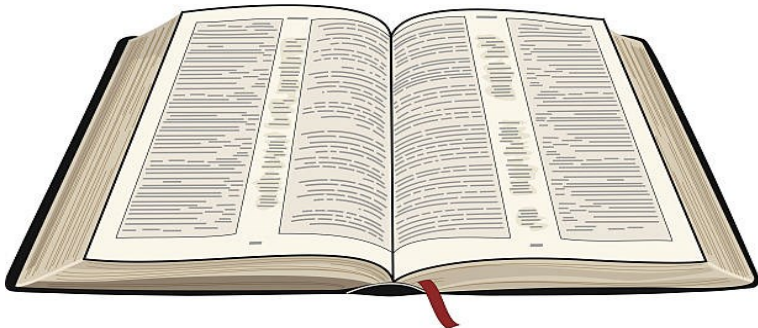
**Prokeimenon: Make your vows to the Lord our God and perform them. Psalm 75.11,1**

### The reading is from St. Paul's Letter to the Hebrews 6:13-20

BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

### The reading is from the Holy Gospel according to Mark 9:17-31

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."



Liturgical Notes

Sunday, March 26 - Fourth Sunday of Lent - St. John Climacus

St. John of the Ladder was only 16 years old when he left Palestine and went to St. Catherine’s monastery (at Mt. Sinai, Egypt). He lived there for 50 years, where he wrote his famous book, The Ladder of Divine Ascent. This is a spiritual ladder. Christians follow certain rules so that they can get closer to God, and symbolically climb to heaven. He had struggles, like any person does, but he won over those struggles that the Devil put for him. That’s why we celebrate his memory on this Sunday of Lent. St. John is a perfect example of how a person could be faithful all of their life, and be together with God in the Kingdom of Heaven.

Divine Liturgy to begin at 9:45 a.m. on the Sundays of Great Lent

Since the Divine Liturgy of St. Basil the Great is offered on each Sunday of Lent, and this Divine Liturgy is slightly longer than the Divine Liturgy of St. John Chrysostom, the Divine Liturgy will begin at 9:45 a.m. from March 5-April 9. The Choir will begin the Doxology at 9:35 a.m.

Mondays of Lent - Great Compline

The service of the Great Compline will be read on the following Mondays of Lent—March 14, March 21 (4:30 p.m.), March 28, April 4 and April 11. This service lasts about an hour and consists of Psalms and hymns of repentance. Service Books for this service will be available.

Friday, March 31 - Vigil of the Akathist

It is the tradition of the Orthodox Church (practiced in monasteries and in a few parishes) that the Akathist Hymn is celebrated as part of an all-night vigil, culminating in the celebration of the Divine Liturgy. A Vigil is when more than one service is held in sequence. We will begin the Akathist Hymn at 6:30 p.m. on Friday, March 31, followed by the Divine Liturgy at 8:15 p.m., with both services concluding by 9:30 p.m. This will afford us the opportunity to pray the Divine Liturgy together in a more subdued atmosphere (and how often do we get to celebrate Liturgy at night in our church?) and to receive Holy Communion on this very special feast day. For those who wish to receive Holy Communion, please abstain from food after 2:00 p.m. on that Friday.

Wednesdays of Lent – 9th Hour and Pre-Sanctified Liturgy

The Divine Liturgy of the Pre-Sanctified Gifts (also called Pre-Sanctified Liturgy) will be held on the Wednesdays during Great Lent. This service consists of Vespers with Holy Communion that was “Pre-Sanctified” the previous Sunday. It is an opportunity to receive Holy Communion frequently during the season of fasting. The Pre-Sanctified Liturgy is preceded by the reading of the 9th Hour, a short service with penitential prayers as well as the recitation of the Creed, a pre-requisite for the reception of Holy Communion. Service books for this service will be available. The Pre-Sanctified Liturgy will be celebrated on the following Wednesdays of Great Lent: Wednesday, March 1; Wednes-day, March 8; Wednesday, March 15; Wednesday, March 22; Wednesday, March 29; and Wednesday, April 5. Each ministry is encouraged to attend one Pre-Sanctified Liturgy as follows: Wednesday, March 22 Young at Heart/Welcome Ministry Wednesday, March 29 Philoptochos Wednesday, April 5 Bible Study/Young Adults

Fridays of Lent - 9th Hour and Pre-Sanctified Liturgy

The Pre-Sanctified Liturgy has Traditionally been celebrated on Wednesdays AND Fridays of Great Lent. The 9th Hour will begin at 9:30 a.m., with the Pre-Sanctified Liturgy from 10:00-11:15 a.m. The Pre-Sanctified Litur-gy will be held on the Fridays of Lent as follows: Friday, March 3; Friday, March 10; Friday, March 17; Fri-day, March 24; Friday, March 31; and Friday, April 7.

**Prayer List:** Lord Jesus Christ, Physician of our Souls and Bodies, visit and heal your servants: Ron & Linda Le-det; George Voulgarus; Helen & Mike Mitchell; Marcelle T., Joanna R., Carlos R., Elena, Ricky& Michael Gor-denina, Tina Chakonas, Felix R., Ivco; ; George Joseph; Anna, Stavroula, George, Pam, and Liz; Christopher Laba-tos; Sylvia Michos; Eva Coppalla; Christopher; Christopher; Peter Nenos; Tony Ekonomou; Patrick Carroll; Ourania Tziotis, Irina, Marina, Yuri, and Christophoros; Ashley Snyder; Evangelos & Caroline Critkas; Christine Alex, June, Lillian Thomas; Scotty; Desi Serriera; Ashley Kladakis; Dora Kallas, Kathy & Andrew Bouzinekis; Anastasia; Vir-ginia Georgiou, Toul-a Tsaros, Nellie Pringle, Yolanda Webb, Angela Bougas, Ron, Jason Vickers, Rex Garrison, Ann Demas, Christina Noel Kouzes Houck, Evangeline Xeroter-es, Ashley Henderson, Natalie Henderson, Chris, Debbie, James, Avery, Lily, Jacob, Jesse, Ann, Rosario, Alissa, John, Angela, Joey, Christine Scourtes, Steven, Phyllis, John Zelatis, Reagan, Peter Zaharis, Alexandra Ferrarolis, Leon & Despina Botham, Cindy Xenick, Mary Ellen Evdemon, Marie Sofia Panagopoulos, Maria Hursey, Chris Vamvakias, John Myer, Mike Trimis, Alice Stoc-cardo, Michael Romero, George Hambos, Dean Kondilis and Family, Bill and Nancy Manikas, Patricia Costello, Ekaterina & Anna S. Dora K., Debbie P., Mary V., David V., Don Payne, Vasili, Moriah, Andoni, and all victims of war, terrorism, crime, natural disaster, and all of whom we are unaware.

Altar Boy Schedule

<b>March 26</b> Thanos Kantaras Michael Galin Leo Sengsouvana Kenny Kane Philip Kane Gabriel Gonzalez Andreas Stefanou	<b>Captains</b> John Palios Genaro Scarfogliero Nicholas Akrotirianakis Nicholas Carter James Magos Demetri Passalaris George Xenick Nicholas Magos PJ Zelatis	<b>April 2</b> Michael Snyder Zachary Carter Dorian Setzer-Torres Leo Lendardos Niko Kyrus Josh Roby
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SUNDAY SCHOOL NEWS & UPDATE

<b>March 26</b> Topic: Faith - St. John of the Ladder Fourth Sunday of Great Lent YOUTH SUNDAY	<b>April 2</b> Topic: Holy Week 5th Sunday of Great Lent
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If you do not receive our weekly Sunday School Constant Contact every Friday afternoon, please e-mail Vickie Peckham to let her know. Her e-mail address is [vickiepeckham@gmail.com](mailto:vickiepeckham@gmail.com)

Fifty-Two Verses in Fifty-Two Weeks: The Bible Project  
March 26-April 1

And when He had entered the house, His disciples asked Him privately, “Why could we not cast it out?” And He said to them, “This kind cannot be driven out by anything but prayer and fasting.  
Mark 9:28-29

On the fourth Sunday of Great Lent, we read about the healing of a boy who suffered from an evil spirit. The father of the boy asked the disciples to cast it out and they could not. After Jesus cast it out, the disciples asked Him why they could not. He told them that this kind can only be cast out by prayer and fasting. Prayer and fasting go hand in hand. Fasting without prayer is dieting. Both prayer and fasting are a form of discipline. Prayer disciplines the soul while fasting disciplines the body. Both are done to help us stay focused on Christ. In prayer, we talk to Him. In fasting, we learn to discipline our bodies by going without certain kinds of foods (including many we love) so that we have the discipline to avoid the temptations that constantly entice us to go away from Christ. There are lots of “demons” in the world—lots of temptations that try to possess us. Many of them are in the form of addictions—like to alcohol, drugs, pornography, the internet in general. These addictions take over our minds, our thoughts, our actions, our bodies. It takes great effort to tame an addiction. Most addictions cannot be overcome, but rather are managed. And spiritually, a great way to combat an addiction is through prayer, which focuses us on God, and fasting, which disciplines us to avoid sin. \*\*Certain chemical additions are very powerful and require medical care and psychological guidance from people that God has called to be His healing vessels. Prayer and fasting are important, but it is also sometimes vital and necessary to go to a profession for help in healing.



# St. John Philoptochos



## Palm Sunday Luncheon And Bake Sale

Sunday, April 9  
after Church services

### LUNCH MENU

Fish  
Rice  
Beets  
Skordalia  
Macaroni and cheese  
Salad  
Desserts

### BAKE SALE

Tsoureki  
Spanakopita  
Tiropita

South Tampa Sugar Mama Pascha Cookies

## First Things First:

### MAKING TIME FOR WHAT MATTERS MOST A SIX-WEEK LENTEN STUDY

Join us Wednesday evenings during Great Lent

March 1 First Things First: *Worship*  
Dinner Sponsored by the Sunday School

March 8 First Things First: *Community*  
Dinner Sponsored by the Choir

March 15 First Things First: *Love*  
Dinner Sponsored by the AHEPA/Daughters

March 22 First Things First: *Learning*  
Dinner Sponsored by the Young at Heart and Welcome Ministry

March 29 First Things First: *Service*  
Dinner Sponsored by the Philoptochos

April 5 First Things First: *Priorities*  
Dinner Sponsored by the Young Adults and Bible Studies

### EACH WEDNESDAY EVENING SCHEDULE:

6:00 pm Pre-Sanctified Liturgy  
7:15 pm Lenten Dinner provided by one of our ministries  
7:45 pm Presentation by Father Stavros  
8:05 pm Small group discussion  
8:30 pm Concluding remarks and closing prayer

GREAT LENT 2023  
ST. JOHN THE BAPTIST GREEK ORTHODOX CHURCH  
TAMPA, FL



# Donations Needed for Great Lent and Holy Week

Great Lent begins February 27. We have many special celebrations during these weeks. We know that many of you would like to contribute to the decorating of our church and icons during this period. For your convenience, below is a list of items needed for the celebration of the Sacred Services of Lent and Holy Week. Please contact the church office to reserve your desired offering for the health of your loved ones or in memory of a deceased loved one.

Payment may be sent to the church office. Checks should be made payable to "St. John the Baptist Greek Orthodox Church" with "Lenten Flower Donation" on the memo line. Online donations are also accepted, be sure to specify.

Lent	Wireless Microphones in the Church	Duracell or Energizer AA Batteries	Many
March 3	Salutations to the Virgin Mary - 1st Stanza	Flowers for Icon of Panagia	\$125
March 10	Salutations to the Virgin Mary - 2nd Stanza	Flowers for Icon of Panagia	\$125
March 17	Salutations to the Virgin Mary - 3rd Stanza	Flowers for Icon of Panagia	\$125
March 19	Veneration of the Holy Cross	Flowers for Tray for Procession	\$500
March 24	Salutations to the Virgin Mary - 4th Stanza	Flowers for Icon of Panagia	\$125
March 31	Akathist Hymn	Flowers for Icon of Panagia	\$125
April 9	Palm Sunday	Flowers for Icon of Palm Sunday	\$125
		Palms Strips & Branches	\$300 total
Holy Week		Pillar Candles for Windows (20)	\$20 each
April 9	Palm Sunday	Flowers for Icon of Bridegroom in Narthex	\$125
	Bridegroom Service	Flowers for Icon of Bridegroom on Solea (2)	\$125 each
April 12	Holy Wednesday	Flowers for Icon of Last Supper	\$125
	Holy Unction	Olive Oil, Flour, Prospophora (2)	See Fr. Stavros
April 13	Holy Thursday	Flowers for Icon of Crucifixion	\$125
		Wreaths for Bottom of Cross (2)	\$200 each
		Wreath for Top of Cross	\$300
		Scattered flowers at base of cross	\$75
		Candles for Top of Cross (3)	\$20 each
April 14	Good Friday	16 Bags of Rose Petals for Myrrh-bearers	\$125
		Flowers for Epitaphios	Several
		Candles for Top of Cross (3)-Apokathelosis	\$20 each
		Candles for Top of Cross (3)-Lamentations	\$20 each
		Icon of Extreme Humility	\$125
April 16	Pascha	Flowers for Icon of Resurrection	\$125
		Flowers for Icon of Empty Tomb	\$125
		Silk Flower for Royal Doors	\$125
		Easter Lilies	\$30per Lily



## Family Calendar for Great Lent 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 26 Matthew 6:21 Sunday of Forgiveness Divine Liturgy Forgiveness Vespers Ask forgiveness of your family members	27 Psalms 95:6 Clean Monday Great Lent begins Canon of St. Andrew Holy Unction Service No screens today WORSHIP	28 1 Chronicles 16:29 Call your Godparents to wish them a Blessed Lent	March 1 Romans 12:1 Pre-Sanctified Liturgy	2 Hebrews 12:28 Silently pray about how much God loves you	3 Psalms 63:3-4 Pre-Sanctified Liturgy Salutations to the Virgin Mary	4 Psalms 150:6 Saturday of the Souls St. Theodore Divine Liturgy Pray for a loved one who has passed away
5 John 1:44-45 Sunday of Orthodoxy Divine Liturgy Bring an icon from home to have it blessed	6 Psalms 133:1 Great Compline	7 Romans 12:4-5 Secretly put a plant on a neighbor's porch	8 Proverbs 27:17 Pre-Sanctified Liturgy Pray for sick children	9 Galatians 6:2 Send a card to a friend who lives in another state	10 Matthew 18:20 Pre-Sanctified Liturgy Salutations to the Virgin Mary Make a list of five things you are thankful for	11 Hebrews 10:24-25 Forgive someone who hurt you
12 Mark 2:3-5 St. Gregory Palamas Divine Liturgy Give your Sunday School teacher a handwritten card	13 John 13:34 Great Compline Make and send a get-well card to someone who is sick	14 John 3:16 Draw a picture of the Cross with the word "love" on it	15 Luke 10:27 Paraklesis Pre-Sanctified Liturgy Pray for world leaders	16 1 Peter 4:8 Do an intentional act of kindness for someone at school	17 1 John 4:18-19 Pre-Sanctified Liturgy Salutations to the Virgin Mary Smile at everyone you walk by today	18 1 Corinthians 13:4-7 Make a donation to a charity you love
19 Mark 8:34 Veneration of Holy Cross Divine Liturgy Bring a flower home from the cross	20 Philippians 4:9 Great Compline Learn the words to a new prayer	21 Isaiah 1:17 Read about the life of your patron saint	22 Psalms 119:73 Pre-Sanctified Liturgy Pray your teachers	23 Titus 3:14 Choose a Bible verse and put it on your refrigerator	24 2 Peter 3:18 Pre-Sanctified Liturgy Salutations to the Virgin Mary Read a favorite Bible story with your family	25 Luke 1:35 Annunciation to the Virgin Mary Divine Liturgy Thank God for something in nature He created
26 Mark 9:23-24 St. John of the Ladder Divine Liturgy Draw a ladder and put a Lenten goal on each step	27 Ephesians 2:10 Great Compline Clean your room without being asked	28 2 Corinthians 9:11-12 Do a chore in your yard	29 John 1:16 Pre-Sanctified Liturgy Pray for first responders	30 Matthew 5:16 Find a charity where your family can volunteer	31 Psalms 100:2 Pre-Sanctified Liturgy Akathist Hymn Visit someone who lives alone	April 1 1 Peter 4:10 Make and serve someone a Lenten meal today
2 Mark 10:45 St. Mary of Egypt Divine Liturgy Sing "Agios o Theos" in Church today	3 Matthew 6:33 Great Compline Make a plan for the Holy Week services you will attend	4 Colossians 3:17 Write the names of your family members to give the priest to pray over during Holy Week	5 Proverbs 3:5-6 Pre-Sanctified Liturgy Pray for people who feel alone	6 Philippians 2:4 Memorize a short bible verse	7 Proverbs 3:9-10 Pre-Sanctified Liturgy Tell your family members what you love about them	8 John 11:27 Saturday of Lazarus Service of Proskomide Divine Liturgy Watch a faith based movie or show with your family
9 John 12:15 Palm Sunday Divine Liturgy Vespers Service of the Bridegroom Replace your old palm cross	10 Matthew 25:14-15 Holy Monday Pre-Sanctified Liturgy Service of the Bridegroom Read the story about Joseph from the Old Testament	11 Luke 17:34 Holy Tuesday Pre-Sanctified Liturgy Service of the Bridegroom Read the story of Kassiane the hymnographer	12 Psalms 147:3-4 Holy Wednesday Pre-Sanctified Liturgy Holy Unction Service of the Bridegroom Holy Unction Receive Holy Unction	13 John 15:12-13 Holy Thursday Liturgy of St. Basil 12 Gospels service Color eggs red for Pascha	14 Joshua 24:15 Holy Friday Royal Hours Unnailing from the Cross Lamentations Pray about Jesus on the cross	15 Acts 2:22-24 Holy Saturday Liturgy of St. Basil Resurrection Service Come see the leaves scattered at the morning liturgy
16 Psalms 51:10 PASCHA Agape Vespers Christ is Risen! Truly He is Risen!	17 2 Corinthians 4:16 Joyfully sing Christ is risen!	18 Ephesians 4:23 Crack your red eggs while saying "Christ is risen! Truly He is risen!"	19 Isaiah 41:1 Find a picture with the verse John 3:16 and print it out	20 Romans 12:2 Play with someone who feels left out	21 Colossians 3:10 Life-Giving Fountain Divine Liturgy Say a prayer for the gift of clean water	22 Isaiah 40:31 Make resurrection rolls