

# Family Calendar for Great Lent 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>March 6</b> <i>Matthew 6:21</i> <b>Sunday of Forgiveness</b> <b>Divine Liturgy</b> <b>Forgiveness Vespers</b> <i>Ask forgiveness of your family members</i> <b>"Have a Plan"</b>	<b>7</b> <i>Jeremiah 29:11</i> <b>Clean Monday – Great Lent begins</b> <b>Canon of St. Andrew</b> <b>Holy Unction Service</b> <i>No screens today</i>	<b>8</b> <i>Proverbs 16:3</i> <i>Call your Godparents to wish them a Blessed Lent</i>	<b>9</b> <i>1 Chronicles 28:9</i> <b>Pre-Sanctified Liturgy</b> <i>Pray for sick children</i>	<b>10</b> <i>Proverbs 3:29</i> <i>Send a card to a friend who lives in another state</i>	<b>11</b> <i>Ephesians 1:9-10</i> <b>Pre-Sanctified Liturgy</b> <b>Salutations to the Virgin Mary</b> <i>Make a list of five things you are thankful for</i>	<b>12</b> <i>Proverbs 12:20</i> <b>Saturday of the Souls</b> <b>St. Theodore</b> <b>Divine Liturgy</b> <i>Pray for a loved one who has passed away</i>
<b>13</b> <i>Hebrews 11:22-24</i> <b>Sunday of Orthodoxy</b> <b>Divine Liturgy</b> <i>Bring an icon from home to have blessed</i> <b>"Affirm your faith"</b>	<b>14</b> <i>Luke 16:10</i> <b>Pre-Sanctified Liturgy</b> <b>Great Compline</b> <i>Sing a church hymn together as a family</i>	<b>15</b> <i>Acts 16:5</i> <i>Write a poem of praise to God</i>	<b>16</b> <i>Hebrews 11:1</i> <b>Pre-Sanctified Liturgy</b> <i>Pray for your priests</i>	<b>17</b> <i>Romans 1:12</i> <i>Thank God for something in nature He created</i>	<b>18</b> <i>Psalms 25:10</i> <b>Pre-Sanctified Liturgy</b> <b>Salutations to the Virgin Mary</b> <i>Make a prosforo bread to offer at church</i>	<b>19</b> <i>Proverbs 3:3</i> <i>Pray for five silent minutes about how much God loves you</i>
<b>20</b> <i>Mark 2:3-4</i> <b>St. Gregory Palamas</b> <b>Divine Liturgy</b> <i>Give your Sunday School teacher a hand made card</i> <b>"Be a friend"</b>	<b>21</b> <i>Proverbs 18:24</i> <b>Great Compline</b> <i>Collect some clothing to donate</i>	<b>22</b> <i>Sirach 6:14-15</i> <i>Secretly put a plant on a neighbor's porch</i>	<b>23</b> <i>Proverbs 17:17</i> <b>Pre-Sanctified Liturgy</b> <i>Pray for world leaders</i>	<b>24</b> <i>Ecclesiastes 4:9-10</i> <i>Do an intentional act of kindness for someone at school</i>	<b>25</b> <i>Luke 1:35</i> <b>Annunciation to the Virgin Mary</b> <b>Divine Liturgy</b> <b>Salutations to the Virgin Mary</b> <i>Memorize a short bible verse</i>	<b>26</b> <i>John 15:13-15</i> <i>Make a donation to a charity you love</i>
<b>27</b> <i>Mark 8:34</i> <b>Veneration of Holy Cross</b> <b>Divine Liturgy</b> <i>Bring a flower home from the cross</i> <b>"Intentionally choose Him"</b>	<b>28</b> <i>Hebrews 4:12</i> <b>Great Compline</b> <i>Make and send a get-well card to someone who is sick</i>	<b>29</b> <i>Psalms 25:12</i> <i>Draw a picture of the Cross with the word "love" on it</i>	<b>30</b> <i>Joshua 24:15</i> <b>Pre-Sanctified Liturgy</b> <i>Pray for people who are alone</i>	<b>31</b> <i>Matthew 22:14</i> <i>Choose a Bible verse on love and put it on your refrigerator</i>	<b>April 1</b> <i>Luke 10:42</i> <b>Pre-Sanctified Liturgy</b> <b>Salutations to the Virgin Mary</b> <i>Forgive someone who hurt you</i>	<b>2</b> <i>Hebrews 4:12</i> <i>Make a list of three things you love about each person in your family</i>
<b>3</b> <i>Mark 9:24</i> <b>St. John of the Ladder</b> <b>Divine Liturgy</b> <i>Draw a ladder and put a Lenten goal on each step</i> <b>"Trust Him"</b>	<b>4</b> <i>Proverbs 3:5-6</i> <b>Great Compline</b> <i>Learn the words to a new prayer</i>	<b>5</b> <i>Psalms 4:5</i> <i>Read about the life of your patron saint</i>	<b>6</b> <i>Habakkuk 3:17-18</i> <b>Pre-Sanctified Liturgy</b> <i>Pray for your teachers</i>	<b>7</b> <i>Isaiah 12:2</i> <i>Smile at everyone you walk by today</i>	<b>8</b> <i>John 20:29</i> <b>Pre-Sanctified Liturgy</b> <b>Akathist Hymn</b> <i>Read a favorite Bible story with your family</i>	<b>9</b> <i>Daniel 6:23</i> <i>Watch a religious themed movie with your family</i>
<b>10</b> <i>Mark 10:44-45</i> <b>St. Mary of Egypt</b> <b>Divine Liturgy</b> <i>Sing "Agios o Theos" in Church today</i> <b>"Surrender to Him"</b>	<b>11</b> <i>Psalms 46:10</i> <b>Great Compline</b> <i>Clean your room without being asked</i>	<b>12</b> <i>James 4:10</i> <i>Do a chore in your yard</i>	<b>13</b> <i>Matthew 6:10</i> <b>Pre-Sanctified Liturgy</b> <i>Pray for healthcare workers</i>	<b>14</b> <i>James 4:7</i> <i>Find a charity where your family can volunteer</i>	<b>15</b> <i>Luke 14:11</i> <b>Pre-Sanctified Liturgy</b> <i>Visit someone (in person or over zoom) who lives alone</i>	<b>16</b> <i>John 11:25-26</i> <b>Saturday of Lazarus</b> <b>Service of Proskomidie</b> <b>Divine Liturgy</b> <i>Make and serve someone a Lenten meal today</i>
<b>17</b> <i>John 12:12-13</i> <b>Palm Sunday</b> <b>Divine Liturgy</b> <b>Vespers</b> <b>Service of the Bridegroom</b> <i>Replace your old palm cross</i>	<b>18</b> <i>Matthew 25:14-15</i> <b>Holy Monday</b> <b>Pre-Sanctified Liturgy</b> <b>Service of the Bridegroom</b> <i>Read the story about Joseph from the Old Testament</i>	<b>19</b> <i>Luke 15:7</i> <b>Holy Tuesday</b> <b>Pre-Sanctified Liturgy</b> <b>Service of the Bridegroom</b> <i>Read the story of Kassiane the hymnographer</i>	<b>20</b> <i>Matthew 14:13-14</i> <b>Holy Wednesday</b> <b>Pre-Sanctified Liturgy</b> <b>Holy Unction</b> <b>Service of the Bridegroom</b> <b>Holy Unction</b> <i>Receive Holy Unction</i>	<b>21</b> <i>Matthew 26:26-28</i> <b>Holy Thursday</b> <b>Liturgy of St. Basil</b> <b>12 Gospels service</b> <i>Color eggs red for Pascha</i>	<b>22</b> <i>Luke 23:42-43</i> <b>Holy Friday</b> <b>Royal Hours</b> <b>Unnailing from the Cross</b> <b>Lamentations</b> <i>Pray about Jesus on the cross</i>	<b>23</b> <i>Matthew 28:1-3</i> <b>Holy Saturday</b> <b>Liturgy of St. Basil</b> <b>Resurrection Service</b> <i>Come see the leaves scattered at the morning liturgy</i>
<b>24</b> <i>Mark 16:6</i> <b>PASCHA</b> <b>Agape Vespers</b> <b>Christ is Risen!</b> <b>Truly He is Risen!</b>	<b>25</b> <i>Psalms 118:24</i> <b>Bright Monday</b> <b>St. George</b> <b>Divine Liturgy</b> <i>Joyfully sing Christ is risen!</i>	<b>26</b> <i>Matthew 28:19-20</i> <i>Crack your red eggs while saying "Christ is risen! Truly He is risen!"</i>	<b>27</b> <i>John 3:16</i> <i>Find a picture with the verse John 3:16 and print it out</i>	<b>28</b> <i>John 1:4-5</i> <i>Play with someone who feels left out</i>	<b>29</b> <i>John 1:14</i> <b>Bright Friday</b> <b>Life-Giving Fountain</b> <b>Divine Liturgy</b> <i>Say a prayer for the gift of clean water</i>	<b>30</b> <i>1 Peter 4:10</i> <i>Make resurrection rolls</i>