

Lenten Covenant for Children (Older children should fill out the regular form)

Things I promise to do this Lent (Check all that you wish to do):

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|---|--|
| <input type="checkbox"/> Pray every day | <input type="checkbox"/> Be nicer to my parents |
| <input type="checkbox"/> Say prayers every morning | <input type="checkbox"/> Be nicer to my brother/sister |
| <input type="checkbox"/> Say prayers every evening | <input type="checkbox"/> Try harder in school |
| <input type="checkbox"/> Say prayers at meals | <input type="checkbox"/> Do my chores without being told |
| <input type="checkbox"/> Come to church each Sunday | <input type="checkbox"/> Be more helpful at home |
| <input type="checkbox"/> Receive Communion each Sunday | <input type="checkbox"/> Not say any bad words |
| <input type="checkbox"/> Go to confession during Lent | <input type="checkbox"/> Share more |
| <input type="checkbox"/> Read a short passage from the Bible each day | |

PRAYER: Lord help me to be successful in keeping the promises I have made. Help me to grow in my faith and love You more this Lent. Help me to be a nicer person and a better Christian. Amen.

_____ Sign your name

Make a copy for yourself, place your covenant in a sealed envelope, write your name and address on front of envelope. Bring covenant to church and place it in locked box on the solea in front of the icons.